

dialogue

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MAGAZINE

Canada's Independent Voices

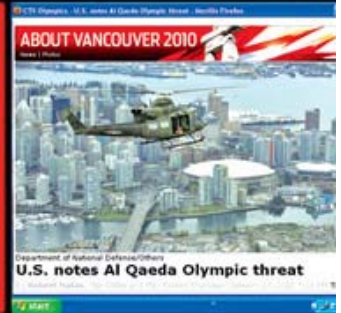


The Five Ring Circus Comes to Town...

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Five Ring Circus



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domestic policies: Get lucrative contracts and persuade governments to eliminate health & social programs

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Go to Jail!



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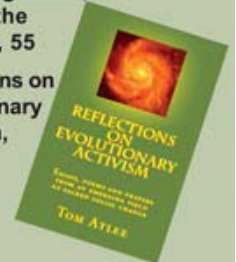
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A word from the publisher and editor...



Long-time readers of *dialogue* will know that there are often discrepancies between what we see/hear/read in the mainstream news and the views expressed in this magazine. Rarely has this divergence been more pronounced than at the present time, regarding both national and international events that are unfolding simultaneously...

The world arrives on our doorstep to 'celebrate' the Olympic Winter Games, being held at great expense to millions of Canadian taxpayers and future generations – and at great profit to a 'lucky' few. (P.10-11,36)

And far away, largely hidden from view by distance and misinformation, the world is also arriving on the doorstep to "rescue" a tiny half-island nation, where millions of people are struggling for their lives, against decades (centuries) of international interference and abuse, in the age-old struggle between people and power-mongers. (P.14-20) For those of us still clinging to the hope that our government will act honourably in our name, CPC MP Peter Goldring offers his analysis of Haiti's situation and what is needed to 'make it right' (P.16).

The theme of people vs. power is reflected in many of the articles in this issue, including the prorogation debate (P.5-9), and in articles by two by new writers, Madame Ghis (P.13) and David-Kevin: Lindsay (P.40) both, coincidentally, touching on the interaction of personal freedom and a (corrupt) Canadian legal system. Jean Broeckx (P.30) elaborates on an historical 'cat and mouse' tale of Canadian politics. And other Canadian political topics cover thoughts on the House of Commons & the HST (P.32), the Senate and Hugh Segal (P.34), and David Boese' proposal for a new Canadian political party (P.33).

Several articles discuss the ascendancy of plutocracy in the world, and particularly in North America (P.19) – but there is also the unmasking of some old and new global deceptions, such as Marilyn Waring on the Global Economy (P.12), Engdahl on the WHO 'vaccine' schemes (P.22); and the next big scam 'tradeable carbon dioxide' (P.22), as well as the latest on the BC Rail Scandal (P.25).

There is, on balance, some reason for optimism that people are waking up to the urgent necessity for us to change the rules we live by!

Please note that the content of *dialogue* magazine includes some copyrighted material, the use of which has not always been specifically authorized by the copyright owner. We make such material available to our readers under the provisions of "fair use" in an effort to advance a better understanding of political, economic and social issues. The material is distributed without profit to those who have expressed a prior interest in receiving it for research and educational purposes. If you wish to use copyrighted material for purposes other than "fair use" you must request permission from the copyright owner.

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Maurice, volunteer publisher *Janet*, volunteer editor/layout
...and Penny, of course!

P.S. A belated "Welcome back" to Fran's Kitchen column (P.51), which started up again in the last issue, after a lengthy absence.

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dialogue is...

...an independent, volunteer-produced, not-for-profit Canadian magazine, written and supported by its readers - empowering their voices and the sharing of ideas.

dialogue, for 22+ years, has been providing a forum for the exchange of ideas and an antidote to political correctness. We encourage readers to share with others – including our politicians – the ideas and issues gleaned from these pages.

If this is your first issue, please let us know what you think of it. If you would like to share your ideas and become a writer in

***dialogue* magazine**

consider this your invitation!

We also need your support as a subscriber, to help us continue

(See P. 58 for details)

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From Near and Far

Let's discuss reality

Do we mindlessly continue with the same system that has produced the current melt-down or do we attempt to change our life philosophy to allow the human race to continue to survive on this planet as long as possible?

D. D. Keir, Dundas ON

It is real. It is true. The whole economic system is one gigantic scam. The sole purpose of the public debt that has been built up by governments around the world is to build up the personal wealth and power of a small faction of our society. It was engineered by them for that purpose only. Any pretense of necessity and legality is a farce. The rules are not meant to apply to them, only to make the majority of the citizens of this planet more controllable.

All available evidence indicates that all of the world-changing events such as "Pearl Harbour," "The Kennedy Assassination," and "Nine-Eleven" have been engineered by this faction. They are the true ruling class in most of the main countries of the world. Elections are a farce. These people now appear to have plans to bring Russia and China under their influence as well. Their plans are reported to also include a reduction of the population of the planet to approximately one billion people.

Evidence of the behaviour of this faction of our society is readily available. Only the misinformation supplied by the corporate-owned media prevents this behaviour from becoming widespread public knowledge.

I read article after article about the financial meltdown and what must be done to overcome it. But I feel that almost all of the writers of these articles have missed something that is very important. These writers conclude that it is possible to restore the form of the prosperity of the past few decades by returning to a theme of "growth means prosperity". There is only one problem with this solution: It cannot hap-

pen. This planet cannot support any more growth. The signs are all around us. So the problem becomes, "How do we restore the "good life" without growth? This would necessitate a whole new philosophy for living.

According to the present philosophy, every family must have a wage earner. This makes a wage-paying job a necessity. Therefore extensive industrial and financial activity becomes necessary to provide those jobs. This means that millions of products are being manufactured and sold. It also means that these products are required to become worn out or obsolete and relegated to the scrap heap so that they can be re-manufactured and re-sold.

But in the near future, the resources of this finite planet of ours must become depleted. Waste products including trash and harmful gases must become excessive. So what are we to do? Do we mindlessly continue with the same system that has produced the current melt-down or do we attempt to change our life philosophy to allow the human race to continue to survive on this planet as long as possible?

Since growth and survival are not compatible, how are we to solve this problem? I have read that food need not be a problem. Experts have concluded that with intelligent planning there are plenty of resources (such as arable land) to feed and care for the world's population with ease. So it appears that a way must be found to share those resources more equally. But how can we manage to by-pass that small faction of our society that is in control at the present time?

Don Keir [d_keir@bell.net] ♣

Start by ending our own ignorance

[From RDB] These are precarious times for all Canadians. Read Dee Nicholson's (Canadians for Health Freedom) Jan. 03 predictions below... and consider ramifications of Harper's control over the House and Senate (plus Bill C-6 and its fallout which could have serious ramifications such as the UN as official governing authority over Canadians in many matters). Canadians have their work cut out and there is only the internet/ alternate media/ word of mouth to get the word out and to prevent further erosion of our freedoms. - - RDB

We need to stop thinking in terms of parties

Dee Nicholson [EXTRACT]

We ALL know that it makes no difference whatsoever who sits in the PM's chair, nor does it matter which party is in power, because this country is not governed by govern-

ment. The lot of them could be fired tomorrow and the bureaucracies would continue unabated, directed by their corporate "sponsors". We all need to stop thinking in parties... that's the biggest destroyer of democracy there is, because it's group-think, NOT democracy. Loyalties to the people? A dream spoken of by our forebears...

It's not just Harper who has to be stopped. That's how they keep us in the dark, by pointing a finger at someone who can be called "guilty" and making us rage at them, instead of comparing notes and figuring out who's really in charge. We have to stop them all. But first we have to stop our own ignorance. We cannot rely on voters who know nothing... and they will know nothing until somebody tells them. Volunteers?

Dee Nicholson, Canadians for Health Freedom

<http://canadiansforhealthfreedom.wordpress.com/> ♣

Prorogation of Canada's Parliament

Why is the Canadian Parliament not Working for Canadians?

CAP Response to Proroguing Parliament Again

The Canadian Action Party does not believe proroguing Parliament at such an important time in Canada's history is in the best interests of Canadians.

With countless issues needing immediate attention, including, among others, the Afghan detainee debacle and the fragile state of the Canadian economy, what does our Prime Minister do? He closes down Parliament and takes a vacation! Regretfully, the best interests of the people of Canada are not important to the present Prime Minister.

At a time when all Canadians are being misled as to the real economic situation, those out of work and money are getting hungry and cold. Those asking for help from any level of government are being ignored or cut off and real jobs are getting scarcer; yet we are being told "Bay Street is doing much better now thank you, so the economy is recovering"!

We need a government that's thinking for, and working for, the people who employ it.

The so-called "stimulus package" has ensured only that some work due to be done anyway is being done; the creation of new jobs does not result from this package, and what work is to be had, is only short term. After the stimulus is over, how many more layoffs will there be? It is indeed shameful that at this time our Prime Minister is playing political games and attempting to further reduce democracy in Canada, taking more power out of the hands of the people of Canada and concentrating it in the PMO. Parliament has been so subverted in the last few years that it no longer represents the people of Canada.

There is only one way out of the present cycle of control by one major party or another, each equally directed by the lobbyists. Members of Parliament must

answer to their constituents, not to the dictates of an authoritarian party structure. It is the responsibility of the voters to elect Members to Parliament that represent the Canadians in their riding, not one political party or another:

- Members that represent real change from our present status quo.
- Members who will insist on the use of the Bank of Canada for financing the country.
- Members who will insist on supporting the homeless, hungry, and sick, and help them get back on their feet.
- Members who will allow us to create communities with agriculture, businesses, employment, and balanced development that make a polluting economy unnecessary.

We can develop new industries, utilise abandoned plants and mills, keep our production in Canada, and create first class products for ourselves and the world. Combined with a focus on strong, healthy communities, family farms, small businesses, and well-paid employment, Canadians will prosper.

The Canadian Action Party offers Candidates who are directly accountable to the constituents they serve. They are unafraid to speak their minds for their constituents and to remake Canada as a democratic country. They are proud to stand for the people of Canada on the world stage.

We encourage all other political parties and Independent Candidates to offer the same accountability. All Canadians deserve a government that will implement their values and goals responsibly.

Now is not the time to send the government off on extended vacations, but back to work, with and for all Canadians. There is a lot of work to do, and Canadians are ready and willing to do it. Now is the time to look for members to represent us who think positively. We want a country about which our great grandchildren will be able to say confidently to the rest of the world... "Welcome to Canada!"

Jeremy Arney, Saanichton BC

CAP Candidate for Saanich - Gulf Islands 2008

www.canadianactionparty.ca ♣

Canada's pro-democracy movement

TRNN: The Real News Network [therealnews.com]

A 10-minute news report on protests against the PM's prorogation of parliament and the shutting down of the democratic process. Canadians don't buy the PM's "we want to take some time to re-calibrate the government's agenda..." Rick Salutin, *Globe & Mail* columnist calls Harper's excuse, "not just false and misleading... but it's contemptuous because it's obvious to everyone that's not why he did it (avoid a war crimes inquiry): <http://tinyurl.com/ye87xe5> ♣

7 Lies in under two minutes

From John Gray, Montreal: Maybe this man's lies will catch up to him on Tuesday in Massachusetts (...And they did!): A pre-election speech by Barack Obama:

www.youtube.com/watch?v=UEr7i2onW0 ♣

Anything but free spending Liberals

Kenneth T. Tellis, Mississauga ON

Better that Stephen Harper and his Conservatives prorogue parliament than have the Pro-Rogue Liberals in power again to rob the Canadian taxpayers of another \$355 billion as they did with ADSCAM. We just cannot afford the high life-style of those free-spending LIBERALS any more. Case closed. ♣

The problem with demonizing...

Rob Brown re: "The problem is 'terrorism'"

The problem is that this rhetoric only serves to inflame world tensions. The Americans label Islamists as terrorists, and the Islamists label Americans as terrorists. Thus the spiral of mistrust escalates. I say, "get with the program", and create a world where everyone can trust everyone else. ♣

First Prorogue, then Eviscerate

Harper's agenda has a simple goal: destroy the Canadian social safety net.

By Murray Dobbin, Jan. 11, 2010, [TheTee.ca](http://thetyee.ca)

There is, for good reason, a lot of enthusiasm across the country as the groundswell against Stephen Harper's cynical shuttering of Parliament continues to grow. The prime minister from hell has gotten away with so much -- and the opposition is so weak that any indication of genuine public disgust at his continuing demonstration of contempt for democracy is a welcome sign. And everyone who cares about the country should be

taking part in the new movement for democracy.

But we should also be careful that this issue does not totally distract us from Harper's actual agenda which is still exactly as it has always been -- to dismantle the Canada so painstakingly built by two generations of Canadians. In March, Harper will present his first "austerity" budget. It could prove to be more damaging than the proroguing of Parliament. [...]

Read in full at [The Tye](http://thetyee.ca):

<http://thetyee.ca/Opinion/2010/01/11/DobbinProrogue/> ♣

Prorogation avoids government accountability

Duff Conacher, Democracy Watch, Ottawa

Prorogation avoids government accountability in many other ways, and so should be prohibited unless specific conditions are met

There are three other important government accountability situations not mentioned in any media coverage so far that the federal Conservatives are avoiding through the arbitrary proroguing of Parliament by Prime Minister Harper, all of which would likely have been reported on in February.

First, the Ethics Commissioner is investigating and will rule on whether the handing out of Conservative Party-labelled government spending cheques by several Cabinet ministers and MPs was legal under federal ethics rules.

Second, the Ethics Commissioner, Commissioner of Lobbying, and Elections Canada are investigating and will rule on fundraising events by a Conservative Cabinet minister and parliamentary secretary that involved lobbyists and that raise serious questions about violations of the ethics rules. [NOTE: details at: www.dwatch.ca/camp/RelsNov0309.html]

And third the Auditor General would likely release a report or two on government spending practices by various departments and agencies.

So while the Parliamentary Budget Officer has pledged to continue to release his reports (a power he would lose if he was made into a full Officer of Parliament), the officers of parliament listed above cannot issue their rulings and reports to Parliament in February because Prime Minister Harper shut down Parliament.

If Prime Minister Harper's Speech from the Throne when Parliament opens is actually an election platform, and the Conservatives' proposed budget their spending plan, and he then immediately calls a snap election (again in violation of his own fixed-election-date law), none of these key government accountability reports and rulings will see the light of day until after the election.

To ensure proroguing is not used in the future to avoid accountability in this way, all good government watchdog

agencies must be given the power to release their reports and rulings whenever they are completed, whether or not Parliament is open.

In addition, the Inquiries Act should be changed to empower a majority of leaders of parties in the House of Commons to initiate a public inquiry, to overcome the resistance of Cabinet ministers to initiate independent investigations of alleged wrongdoing by them and/or staff, officials, departments or agencies for which they are responsible. Sometimes opposition parties would unjustifiably initiate a public inquiry, but they would pay a political price for doing so, and frivolous inquiries would like shut down quickly after finding no evidence of actual wrongdoing. Better to have alleged wrongdoing investigated than not, and better to have independent inquiry commissioners do the investigating than the partisan kangaroo courts that parliamentary committee investigations often become.

As well, while some commentators have proposed that prorogation should not be allowed unless a majority of MPs vote for it, such a voting system would not be effective as very likely prorogation would always be opposed by opposition parties whether or not it is in the public interest, and they would only be able to stop prorogation during a minority government because during a majority government the majority of ruling party MPs would likely approve it any time their Prime Minister wanted.

Instead, the rules should be changed to allow the Prime Minister to request prorogation of Parliament by the Governor General only if the Prime Minister can show that the government has completed all of their pledged actions and decisions from the last speech from the throne, or that the national situation has changed in such significant ways that a new government plan is needed immediately, or when an election is called.

Duff Conacher is Coordinator of Democracy Watch

Website: www.dwatch.ca ♣

The world's best dictatorship: Why protests don't work in Canada...

Grenville Rogers,

Sandra Finley and friends organized cross-Canada demonstrations to protest Harper's prorogation of parliament. Herewith is a letter sent to her concerning it, along with a few observations about our Canadian form of government.

To Sandra Finley: sabest1@sasktel.net *

I commend you and your fellow Canadian colleagues, for your willingness to "stand up for Canada", and to actually try to DO something to reign in our dictatorial Prime Minister.

I sincerely do commend you, BUT, sadly, your efforts will be in vain. The reasons for your inevitable failure are set out below.

The would-be dictator of the USA, former president G. W. Bush, during his visit to Canada, expressed surprise, when he discovered, and noted, that the Prime Minister of Canada has more power in Canada, than the President of the USA has in his country. Canadians live under the most powerful dictatorship in the world. Once every two to four years, during a charade called an election, we are afforded an opportunity to change the name of our dictator.

The following illustration, though hypothetical, will demonstrate the truth of this fact. Suppose you live in a riding in which every resident is a member of the riding association of the Party to which you belong. A federal election has been called. A riding association meeting is convened for the express purpose of selecting a candidate for your Party.

Every member of your riding association, 100 percent of them, is present. You are nominated and duly elected, unanimously, to be the candidate for your Party in your riding. Your nomination papers are then sent to the HQ of your Party, where the Leader of your Party, as Leader, must sign your nomination papers - in order for you to be the official candidate for your Party.

Let us further suppose that I am the Leader of your Party. Now, as Leader, if I have someone whom I wish to be the candidate for your Party in your riding, I refuse to sign your nomination papers, which means that you cannot be the candidate for your Party in your riding. I then 'parachute' a person of my preference into your riding, so that he is then the official candidate for your Party in your riding. This, in spite of your having been unanimously elected to be the candidate for your Party in your riding. This is dictatorship. Absolute dictatorship, at the Party level. None can deny it. Now, let us further suppose that, in the election, our Party wins more seats than any other party. The Leader of our Party is then asked to form the Government of Canada. As Leader of our Party, I am now Prime Minister of Canada.

This is good – for ME, as I now have the authority to appoint all ambassadors to other nations. I also now have authority to choose and to appoint all Ministers of the Crown in Canada, including Minister of Finance, Minister of External Affairs, Minister of Trade, Minister of Justice, etcet-

era. I appoint my preferences to the Senate of Canada. I can even 'stack' the Senate with those whom I know will vote as I tell them to, thereby rendering the Senate useless as a 'chamber of sober second thought'. I appoint the General to head Canada's Armed Forces. I decide if Canada will go to war, and for how long we will do so. I decide if we will spend billions of dollars on military equipment, and where we will spend it. I can now appoint the head of every commission. I, alone, appoint all judges to fill vacancies on the Supreme Court of Canada. I appoint the head of every Crown Corporation.

I will not tolerate your elected representatives voting to represent your expressed wishes, if those wishes do not have my approval. I call an election when I want to. I can do whatever I want to, whenever I want to, including proroguing parliament. I tell all elected members of our (your) Party how to vote on proposals and bills that I decide to present to parliament. I decide that Canada will borrow money from privately-owned banks, thereby committing Canadian taxpayers to paying usurious rates of interest to those privately-owned banks. I could, instead, borrow that money from the government-owned private Bank of Canada, thereby enabling the Canadian taxpayer to pay a nominal interest rate to the Bank of Canada, which interest is effectively returned to the people of Canada. I decide if money will be spent on health care, on education, on true infrastructure, etcetera.

As Prime Minister, I engage in secret negotiations, during which I arrange to surrender Canada's sovereignty to a North American Union (NAU), comprising the USA, Mexico and Canada. I attend secret meetings of secret organisations, such as the Bilderberg Society, which meetings are attended by rich and powerful people, from around the world, who decide the fate of people and nations.

I commit Canada to unconditional support of a foreign state. I declare that Canada will defend a particular religion. I do nothing to prevent consolidation of control of the media, in all its forms, into very few hands. I do nothing to ensure that there is "Freedom of Expression FOR ALL" in Canada.

I work hard to bring about the society and government described in George Orwell's "1984", and to hasten establishment the One World Government of the New World Order. I smile, because I can do as I please. I laugh, or grin or smirk, because there is nothing you can do about it. I, the Prime Minister of Canada, am its undisputed dictator. None can deny it. - **Grenville Rogers** [grogers"at"vianet.ca] ♣

* **Sandra Finley** is a Saskatchewan activist who refused to be counted by Canadian census contractor, Lockheed-Martin (the mega-weapons corporation that is mining information on Canadians, to be made available upon request to America's Homeland Security. She was leader of the Saskatchewan Green Party from 2006-2008. ♣

"ONE MAN'S OPINION"

MPs are in Ottawa to represent constituents

Ken Clark, Fergus ON



"MPs are elected and sent to Ottawa to represent their constituents," cont'd.

This article is further to the above subject in the Oct.-Nov. 09 issue of DIALOGUE.

It is submitted to highlight just another example of how politicians in general continue to disregard requests for

information from concerned citizens. I refer to a letter from Dr. Marguerite E. Ritchie to Hon. Jason Kenney, Minister of Citizenship, Immigration and Multiculturalism, dated Sept. 1, 2009. This letter repeated several requests by Dr. Ritchie for specific information from Hon. Jason Kenney in her earlier letter dated June 15, 2009. Although the letter was replied to by a J. Thompson of the Ministerial Enquiries Division, it did not provide the information requested.

I may be considered old fashioned when it comes to the answering of intelligent questions of a national interest posed by concerned citizens. If the 'buck stops here' theory is in place in government at all, then surely a citizen deserves, and has the right to expect an equally intelligent answer. A citizen should not be required to use the access to information act to obtain clear, straightforward and complete answers to such questions as asked by Dr. Ritchie. When can the people expect politicians to 'walk the talk' on their long promised declarations re more openness and transparency? Canadians are becoming increasingly fed up with the closed and opaque style of government served up by our politicians...and so they should be.

Sixty-one percent disagreed with prorogation!

What more is going-on in Ottawa?

Following Stephen Harper's decision to suspend Parliament for the second time in 12 months, the following question was asked on the internet, as **Question of the Day** for Dec.31/09.

"Is it a good idea to shut down Parliament until March?"

The response to this query, based on 12,178 responses at the time, was as follows.

Yes 18%

No 61%

I don't care about politics 21%

Is the response of **"61% No"** in your mind at all indicative of a government that supposedly represents the wishes of the people? I certainly do not think so.

What is more alarming to me however, is the percentage of Canadians who declare they have no interest in politics. 21% ?? This reminds me of the old statement, "one can only expect the quality of government that one is willing to accept".

So where can we go from here? If we choose to oust the Conservatives, we will only succeed in re-electing the Liberals once again. What an unappetizing alternative that is considering their pathetic leadership candidates of late.

Past Federal government have complained they cannot function properly unless they have a majority in the House. Now they expect us to accept their will to shut down Parliament so they might avoid the scrutiny of Parliament.

Is 'shame' a word that is unknown in their vocabulary?

Disgraceful! ♣

How about putting 'Prorogation' into perspective!

Ruth Wood, Barrie ON

Where were the protestors and recent letter writers when Jean Chrétien prorogued Parliament four times during his tenure as Prime Minister? The last time he took this action was in 2003, for 83 days, so that he and his ministers would not have to answer questions regarding the Sponsorship scandal. The opposition parties, and numerous media would have us believe that our present Parliament will be prorogued for months.

Coming before TV audiences and the media across the country, Bob Rae, former NDP Premier of Ontario and now a Liberal MP, has been dishing out the most hypocritical comments regarding prorogation that one can imagine.

Rae's NDP party won power on Sept. 6, 1990 and records indicate that on Dec. 19, 1991 he prorogued the House until April 6th, 1992. He prorogued again on Dec. 10, 1992 and the Legislature didn't come back until April 13, 1993. His government was running double-digit deficits, he had doubled the debt, and he was quickly losing public support. He pro-

rogued for the third time on Dec. 9, 1994. The House didn't sit again until the legislature was dissolved on April 28, 1995.

Rae didn't even bring in a Budget that year. For four-and-a-half months Ontario had no sitting legislature. Where was the grass-roots uprising criticizing Rae for 'suspending democracy', not once, not twice, but three times?

Michael Ignatieff and Bob Rae have been harsh critics of Prime Minister Harper for delaying Parliament a second time. P.M. Harper first prorogued Parliament, shortly after Canadians had given him a minority government, but Mr. Rae refused to accept the results. In an effort to take over the reins of government, and with the support of Bob Rae, Stéphane Dion, along with Gilles Duceppe and Jack Layton signed an Agreement to, (unsuccessfully), form a coalition government.

Proroguing Parliament, a routine parliamentary procedure, is allowed by law, and those critics of this procedure should work towards a change in the law rather than suggest it is immoral and irresponsible to act within this law. ♣

"Politics From The Far Side"



The 2010 Winter Games ~ Predictions...

Chris Shaw, Vancouver BC

I don't usually do particularly well at games of chance, but my track record is considerably better when it comes to predicting future Olympic impacts since there is less chance than history involved. My psychic abilities have in fact been particularly accurate about Vancouver's 2010 Winter Games, now just over three weeks from the opening ceremonies.

So here are a few predictions that arise from both history and current developments, more or less in order based on my estimate of probability.

1. The weather will remain wet and nasty, truly earning Vancouver its reputation as the "wet coast". Tourists and local circus boosters crammed into the so-called celebratory sites will enjoy the newest Olympic sports of puddle jumping and dancing between the raindrops. The only snow on the ski hills will have to be moved in from higher elevations. Most visitors will quickly grow mold and conclude that future trips to Vancouver in February are not wise.

2. The same tourists will discover just how much fun the various transportation nightmares associated with the circus can be. The border will be a 24/7 nightmare in both directions with Homeland Security off-the-wall paranoid about those entering the States and the Canadian Border Service equally nutso about the prospect of journalists asking pesky questions about the Olympics, poverty, dissent, etc. With luck, the RCMP won't taser anyone to death, but if so, it will indeed be luck not policy and God help you if Canadian English is not your first language (so Americans especially beware.) (Remember, the RCMP's motto: "Taser first, ask later.") Best not even to try imagining what a freak show the airport will be.

3. Traffic will be over-the-top insane in the city (and Lower Mainland) as tourists vie for limited space on buses and the Skytrain with frustrated locals who are only trying to get to their day jobs (or take their kids to the dentist, or meet a friend...or do anything resembling having a normal life during these two months of mayhem.) All the buskers in the world won't make for happy locals who will wind up waiting for their normal buses for hours. Those who try to drive will discover what 24-hour long gridlock looks like – with the endless street closures and special "Olympic lanes" on all major routes. Kids will ask their dyspeptic mothers, "Mommy is that the Queen driving by in the limo while we wait in the rain?" only to be told, "No, honey, that's John Furlong (VANOC CEO) in drag."

4. The Integrated Security Unit (ISU) will demonstrate their adept mimicry of the Keystone Cops by overreacting to

everything from stalled cars to protesters with placards. The first should involve tow trucks, the latter common sense (no, Virginia, not the riot squad), but trust ISU to get this backwards.

5. The City of Vancouver's bylaw on street signage will turn into a donny brook as city bylaw inspectors try to take away protest signs from dissidents and cans of Pepsi from those not in synch with IOC marketing strategies. Proctologists in both major hospitals in the city will be on overtime, busy removing sticks and cans, as well as the odd Wendy's burger, from the rectums of said inspectors who will have ignored warnings to, "Leave me alone or I'm gonna stick this can where the sun don't shine".

6. Pesky anti-Olympic activists will paralyze the city through the sheer effrontery of daring to exercise their civil rights. City Councilors and members of the BC Liberal caucus will denounce the "terrorism and mayhem in our streets". Councilor Geoff Meggs will go on record suggesting that the Canadian Charter of Rights and Freedoms was only intended as a "theoretical, not a practical" outline of our liberties. Mayor Gregor Robertson will continue to look vaguely confused at all times, especially while posing for photo ops with dignitaries.

7. Tens of thousands of Vancouverites who had the sense to flee the Olympic madness for beaches in Mexico and the Caribbean will toast the increasingly desperate attempt by Canadian athletes to "own the podium". By the third Margarita of the evening, most won't care that the Canadian mens' hockey team, jinxed by the malevolent spirit of Jack Poole, has been sidelined by the come-from-behind Congolese. By drink number four, most won't know or much care what a podium is either.

8. Someone will let skunks loose in BC place during the opening ceremonies. As fans flee and skunk smell permeates the downtown, those wet souls in the celebratory zones will ask what on earth that awful odor is. Olympic Resistance Network activists on the streets will simply smile and say, "We told you the whole thing stank to high heaven."

9. American police and soldiers will strut around Vancouver like they own the place (which they sort of do), all the while pretending to be native Canuks. Only their casual use of the word "bubba" and the misuse of "eh" will give them away. (As in, "Hey, Bubba, that's some right wet weather we're having...eh?")

10. The Conservative government will claim credit for every gold medal won by Canadians while blaming the opposition (sic) for every loss of the same. However, since there is no Parliament until March, and thus no Question Period, no one will notice. ⇒

Now for the real predictions, at least the ones that keep me up at night:

1. As above, utter traffic mayhem in the rain... no joking matter, really, for most of us.
2. Watch for major civil liberties violation by the security forces (including the private sector hirelings), including preventative arrests of activists, violent attacks on those demonstrating, and harassment of journalists trying to get the stories out to the wider world.
3. Governments at all levels along with VANOC will deny, obfuscate, and in general conceal the real Olympic costs. As in Nagano, Japan, the latter might even burn the books.
4. Terrorism will rear its head. Whether this will be a real attack that ISU didn't catch in time because they were so

busy chasing potential protesters or whether it will be a "false flag" incident, something will happen that we will never forget.

There you have my 2010 predictions. Anyone want odds on any of this?

Christopher A. Shaw, Ph.D

UBC: Ophthalmology & Neurological Research

For a report of an interview with Dr. Shaw regarding the H1N1 vaccine, visit: <http://tinyurl.com/y978jkc>

Five-Ring Circus...

Chris Shaw is the author of a book about the modern Olympics, including Vancouver's 2010 Winter Games: **Five Ring Circus** (New Society Press), which exposes the corporate culture behind the Games (real estate and privatization for local developers; and television broadcast rights for the IOC)♣

Global Economics and Why It Matters...

WHO'S COUNTING? MARILYN WARING ON SEX, LIES & GLOBAL ECONOMICS

NATIONAL FILM BOARD DOCUMENTARY:

When Marilyn Waring was elected to the New Zealand parliament in 1975 she thought she might one day return to her first love, classical music. Instead, the 22-year-old MP was re-elected three times and blazed a trail that eventually brought down her own government and launched her as the foremost spokesperson for global feminist economics.

Witty, irreverent and accomplished in what she calls "the art of the dumb question," Waring challenges the myths of economics, its elitist stance, and our tacit compliance with political agendas that masquerade as objective economic policy.

Divided thematically into 15 short chapters, *Who's Counting?: Marilyn Waring on Sex, Lies & Global Economics* is an entertaining primer for anyone who suffers from what Waring refers to as "economics anxiety." See it and the evening news will never be the same!

WHO'S COUNTING?

For every soldier the average expenditure is \$22,000.

For every school-age child, the average public education expenditure is \$380.

One new nuclear submarine equals the annual education budget of 23 developing countries with 160 million school-age children.

In 1975, during International Women's Year, at the age of 22, Marilyn Waring became the youngest member and the only woman in the New Zealand Parliament. At the age of 24, she became the Chairperson of the prestigious Public Expenditures Committee, which reviewed all the parliamentary budgets of New Zealand. She travelled to over 35 countries in this capacity, and discovered that the rules which governed the finances of her own country were operating worldwide. In this film, Waring exposes a patho-

logical international economic system which has consequences for everyone on the planet and for the planet itself.

SEX

The people who are visible as contributors to the economy are the people who will be visible when you make policy. If you are invisible as a producer then you will be invisible in the distribution of benefits.

Waring frequently toured developing countries. In each country, she spent a day with a local woman her own age. She witnessed the enormous, unrecorded, acknowledged extent of women's work.

International intervention in developing countries often transforms a subsistence economy into one of export growth. Families are forced off the land and into urban centers to make room for cash crops and industry. Poverty escalates as these families become sources of cheap labor. A major growth industry that takes advantage of this is the sex trade. In countries such as Thailand or the Philippines, girls as young as nine or ten can be bought for use by foreign men on packaged sex tours. The money generated by these girls is often their family's sole source of income. Even if these activities are illegal, they are considered important enough to be included in the GDP statistics because they are income-generating.

Women remain more than 50 percent of the world's population yet hold no more than 10 percent of the seats in national legislatures. In one government in three, there are no women in the highest decision-making bodies.

LIES

You tell us things are getting better? Our air is getting worse, our education systems are failing the poor, there is more poverty and homelessness. We might well have growth. GDP might go up, but GDP is utterly unrelated

to the well-being of a community.

In England, during WWII, John Maynard Keynes and Richard Stone wrote a booklet called "How to Pay for the War." Richard Stone expanded on these ideas, which were adopted in 1953 as the basis of the United Nations System of National Accounts (UNSNA). All nations must conform to the rules of the UNSNA or they cannot belong to the United Nations, obtain loans from the International Monetary Fund, or be funded by the World Bank.

The only thing which counts in this system is money. An activity only counts if it goes through the marketplace. The system therefore excludes the environment and the unpaid work of women.

As Waring puts it, "If you're not talking their language, their jargon, you're not part of the argument." The economic priesthood has created its own jargon, alienating ordinary people from understanding these concepts.

GLOBAL ECONOMICS

It is in the interests of arms exporters to ensure that there is always a war going on somewhere.

The international arms trade is the biggest growth industry in the world. "Killing people or preparing to kill them is considered very valuable in the international economic system. War is marketable. War pays. War contributes to growth and development. But the death, poverty, injury, and starvation caused by war is not even registered as a deficit."

MARILYN WARING:

"If you're elected to represent the people, you ought to be ready at any minute, any hour, any day to go on principle. It's not a job for life. Part of our job description is that you

go on principle, not wait for the polls to kick you out."

When Waring joined the growing movement against the presence of nuclear-powered ships in New Zealand harbors, the United States had been blatantly violating a New Zealand treaty prohibiting nuclear facilities of any kind within its sovereign territory. The government, which had been elected with a majority of only one, was forced to call a snap election on that issue. Waring, whose vote went against her party, saw her government fall. While Waring had been seen as instigator, symbol and crusader for the fight, the Nobel Peace Prize in 1984 went to David Lange, leader of the new government. Another lesson in invisibility.

From her home in the New Zealand countryside, Waring has learned a lot from the Maori, who have lived in harmony with their environment for countless generations. They see themselves in partnership with the land, with each other and with the future.

"They make perfect sense. Perfect economic sense and perfect environmental sense, learned from centuries of tradition of indigenous people. Why change it? Why behave any other way?"

Produced by the National Film Board of Canada, Studio B

Director: Terre Nash 94 minutes 03 seconds

Producer: Kent Martin Order number: 9195 005

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Beyond democracy...

Madame Ghis - Escape in Prison

Montreal [Feb. 28 09]: Ghis, previously known as Ghislaine Lancot and author of the best-selling book **The Medical Mafia**, has published a new book entitled **Madame Ghis - Escape in Prison**. What it reveals is stunning enough to put the big media ill at ease. Yet, ratings skyrocket with each new appearance of the ex-physician in the media.

Whether we agree with Ghis' ideas or not, she leaves no one indifferent and the public wants to follow her adventures step by step!

Several years ago, the author learned that income taxes were not used to finance public services but to pay back the interests of the national debt owed to a cartel of international private bankers. She also found out that these bankers had never lent one penny and created the money out of thin air. From then on, she decided to stop being the accomplice of such a fraudulent system. She ceased all collaboration with banks and income taxes. This is what

brought on the legal proceedings instigated by Canada Revenue Agency in the name of Her Majesty, and the two months of imprisonment that followed.

In these times of crisis when we would expect a change of direction and a surge of creativity from our leaders, the opposite seems to be true [...]

The book **Madame Ghis - Escape in Prison** is a testimonial that brings us to the Tanguay prison where Ghis shared the daily living of truly amazing and touching women. This book covers subjects that will astound many readers - life in prison, the evolution of consciousness, the slave's escape, etc. It can be compared to a medical report on an agonizing democratic system, with a prescription for its heirs. The testament is yet to come.

Website: www.jemesouviensdequiesuis.com

(I remember who I am)

See also: www.personocratia.com

MORE ON P. 59 [Print edition]*

HAITI

Something very insidious deliberately taking place in Haiti

Stephanie McDowall, Nanaimo BC

Re: Jack Layton's statement about Haiti, finally

(more than a week late) [<http://tinyurl.com/y9pgvkg>]

Why was I expecting words from Layton that would be a hundred times more meaningful than his weak, wishy-washy statement? With all the hundreds of tons of aid on the tarmac in Haiti **that the U.S. is preventing from getting to people who so desperately need it**, I expected a statement far, far more meaningful.

The heavily armed U.S. military is worried about causing riots? Oh sure! From day one there must have been thousands of shocked & injured people in these cut off pockets on Haiti with the strength to riot. We are watching something very insidious deliberately taking place on Haiti. Mr. Layton's bland comments one week after this horrific catastrophe would have been better left unsaid. Jack Layton does not have one more iota of courage or character than

our other so called Leaders. I expected far better from this man, the Leader of the NDP.

Now we are hearing from the media about looting. A very manipulative word to describe desperately hungry, thirsty sick, & injured people just trying to survive. And... if any Haitian should be walking off with a TV or stereo system, why should anyone care at a time like this? Words cannot describe how appalled I am. That the U.S. military would keep medicines and anaesthetics out of the areas rescue teams are now operating in, and have been within hours of the earthquake is unbelievable. This country we are so closely tied to does not give a damn about the suffering of any people anywhere on this planet including their own people.

One day the world's rage is going to descend on the U.S. and ourselves as well. Who are we going to blame? I can't wait for Naomi Klein's next book. [stephmcd@telus.net] ♣

The Truth about Haiti's Suffering

By Finian Cunningham

Global Research, Montreal, Jan. 14, 2010

Even in its hour of utter devastation, Haiti, the western hemisphere's poorest country, teaches the rest of the world some valuable truths.

This Caribbean island nation of nine million people has right now a third of its population cut off from basic supplies of food, water, medicine or shelter. In the blink of an eye, the earthquake that hit the country has buried a capital city of three million people under rubble for which the eventual death toll may be between 100,000 and 500,000. Just like that.

Like shutting the proverbial stable door after the horse has bolted, the US and other world powers are promising to send emergency aid to Haiti. Well intentioned no doubt. But where was the aid and economic development assistance to Haiti – over half the population live on \$1 a day and 80 per cent are classed as poor – in the years before this calamity?

Haiti's poverty – as for other poor countries hit by natural disasters – leaves its people wide open to the kind of devastation that has befallen them. And make no mistake, Haiti's poverty is not just bad luck or something inherently faulty about its natural resources and people. The country has been kept underdeveloped by decades of political and economic interference from Washington to ensure that this former slave colony continues to serve as a cheap source of agricultural exports to the US and as a labour sweatshop for American corporations making textiles and other consumer goods.

While Washington spends \$1,000 billion on wars allegedly to combat the threat of terrorism, Haiti's poor – whose country's economy is valued at \$7 billion – show us a so-

bering perspective on what a real threat to life looks like.

We live in a physical world where floods, tsunamis, earthquakes happen. These disasters claim multiple more lives than the threats that the US is fixated on and spends multiples more money on. Can you imagine how many lives could have been saved in Haiti's earthquake if a fraction of the money squandered on futile wars had been directed to economic and social development of that country?

Of course, the moral and sensible logic of that idea does not apply in a world dictated by Washington's foreign policy. This is because of the imperatives and logic of US-led capitalism, which requires countries like Haiti to be kept in a state of poverty for the sake of corporate profit and which requires the fixation on illusionary threats to cover up its need to control geopolitical resources (mainly energy). This is the true face of the economic system that Washington and its allies impose on the world. And Haiti has pulled the mask of this ugly face.

The harrowing anguish and suffering of Haiti teaches us something else. Heart-rending reports of streets filled with corpses and blood running from under rubble, children crying for parents, parents digging with their fingers for children, the sound of dying voices pervading the darkness of night. This is the horror of hundreds of thousands of people suddenly engulfed by suffering. Some observers have compared what has happened in Haiti to the aftermath of an atom bomb being dropped. So the next time, Washington spokespeople airily float plans on Sunday morning chat shows to obliterate Iran – that other “serious threat” (meaning not serious threat) – we should remember: this is what human suffering on a massive scale looks like.

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www.globalresearch.ca/index.php?context=va&aid=16964 ♣

The unreported side of the Haiti disaster

Bill Woollam, Duncan BC

I learned something about Haiti and Jamaica. I am certain it has occurred elsewhere. The countries get cash strapped and then get tied up in borrowing huge loans from the World Bank and USAID. The World Bank make conditions with these loans, that a country like Jamaica or Haiti must allow international manufacturing plants to be set up ... and the loan is dependent upon allowing cheap, bulk food products like grain, milk products, potatoes... to be brought in to the country (in essence these bulk products are dumped into the market).

Soon, the local Haitian/Jamaican farmers cannot compete with the cheap food products flooding their market. The farmers loose profits and go bankrupt. The international outfits buy up the cheap land. The poor people flee to the cities in attempts to find work in the sweatshops and few manufacturing plants. The end result is high unemployment, farmers no longer grow their local food stuffs... and the nation is indebted (legally bound to) to the International Bankers. Economic disaster for the Haitians/ Jamaicans... Economic takeover by the corporate elite on the take of World Bank sleazy contracts.

Who cares how quick the US military arrived? Corporate America had arrived years earlier with the removal of the democratically elected former leader of Haiti... and with the introduction of the World Bank sly "takeover" loans.

John Perkins autobiography, "Confessions of an Economic Hit Man"

According to his book, Perkins' function was to convince the political and financial leadership of underdeveloped countries to accept enormous development loans from institutions like the World Bank and USAID. Saddled with huge debts they could not hope to pay, these countries were forced to acquiesce to political pressure from the United States on a variety of issues. Perkins argues in his book that developing nations were effectively neutralized politically, had their wealth gaps driven wider and economies crippled in the long run.

Perkins describes the role of an EHM as follows: Economic hit men (EHMs) are highly-paid professionals who cheat countries around the globe out of trillions of dollars. They funnel money from the World Bank, the U.S. Agency for International Development (USAID), and other foreign "aid" organizations into the coffers of huge corporations and the pockets of a few wealthy families who control the planet's natural resources. Their tools included fraudulent financial reports, rigged elections, payoffs, extortion, sex, and murder. They play a game as old as empire, but one that has taken on new and terrifying dimensions during this time of globalization.

When something happens in the world, it is important that we take a look at what our responsibility has been in creating the situation -- both pro and con.

Here's a perspective on the role we have played in Haiti:

Read the Article, "What You're Not Hearing about Haiti (But Should Be)" by Carl Lindscoog, online at:

www.commondreams.org/view/2010/01/14-2 ♣

Telltale signs of a false flag event

Richard K. Moore, Ireland

What's happening in Haiti is an outright genocide project. The telltale signature of such false-flag events is that a military 'exercise' was being held in Miami at the time of the earthquake, aimed at 'rescuing Haiti from a hurricane'. Just as an anti-terrorist 'exercise' was being held on 9/11 in the US skies, and on 7/7 in the London Underground. The Miami 'exercise' then 'went live' and became the invasion and occupation of Haiti, just as the 7/7 exercise went live.

But of course this operation wouldn't have worked if the earthquake didn't occur, and if the US didn't have advance knowledge. **And never in history has an earthquake been so localized.** This one was limited almost entirely to the city of Port au Prince. This is conclusive evidence that the earthquake was caused by HAARP. The US definitely does have this capability, and it was developed precisely for the purpose of causing earthquakes and other disasters, under a 'nature false flag'.

But that wasn't enough to ensure 'maximum lethality'. The US then systematically blocked nearly all aid to the victims

for a whole week, which ensured that nearly everyone who was trapped or seriously injured would die. Even that wasn't enough. Now the surviving Haitians are going to be 'gifted' with toxic vaccinations.

Some question the seismic weapon story

One of our collaborators attempted to trace the origin of the allegation regarding the possible artificial causes of the earthquake in Haiti. He was concerned that the whole thing might have been a hoax launched by a certain David Booth (alias Sorcha Faal), which then penetrated government circles throughout the world. In the end, we are not sure exactly who is behind the allegation, but what we know for certain is that this issue is being heatedly discussed at the highest level in several countries in Latin America, Eastern Europe and Asia. [P.S. Sorcha Faal is an anagram, based on reversing letters and words: sorcha faal >> laaf achors -- a laugh at yours!]

Read "Haiti and the seismic weapon" online at:

<http://inthesenewtimes.com/2010/01/26/haiti-and-the-seismic-weapon/> Posted by InTheseNewTimes on Jan 26 10 ♣

A Canadian Government MP on Canada's Role in Haiti and The Caribbean: **REBUILD HAITI – “MAKE IT RIGHT”**



**Peter Goldring, Member of Parliament,
Edmonton East**

When international media reported a magnitude 7 earthquake striking Haiti January 12, disastrously affecting three million people, the world was shocked into collective action.

Without waiting for a formal request from Haiti's government, which might have taken days considering the chaos in the capital, Port-au-Prince, Canada was the first country to respond and Canadian aid was on the way.

As pictures of the devastation and destruction were shown on television screens and newspaper pages, the Canadian people reached out to the people of Haiti, donating millions of dollars in disaster relief in addition to money already pledged by the federal government.

Prime Minister Stephen Harper stated, "Canada stands ready to provide any necessary assistance to the people of Haiti during this time of need." He also spoke to President Obama, and both leaders agreed that Canada and the United States would coordinate our humanitarian response in Haiti.

Canada's initial response included a Canadian Forces DART (Disaster Assistance Response Team) reconnaissance team with supplies and expert personnel to assess the situation that arrived in Haiti January 13. That was followed by a larger deployment of emergency supplies, personnel, and search and rescue helicopters as well as two Canadian naval ships loaded with food, bottled water, medical equipment and humanitarian supplies to provide crucial support. The Government also committed to matching the donations of individual Canadians to the relief efforts made before February 12, up to \$50 million.

Canada has been a strong supporter of Haiti, the Western Hemisphere's poorest country, giving more than \$100 million annually. Haiti receives more Canadian foreign aid than any country except Afghanistan, and Canada is the second largest donor to the Caribbean country.

However successes have been few and far between. Over the past 20 years of aid precious few concrete gains have been made. Haitian demographic and economic growth has been dismal:

- GDP has been flat-lined & is less than it was 20 years ago
- Life expectancy is 61 years
- Infant mortality rate is 5.9%
- Literacy is only 52.9%
- 80% of the population live below the poverty line
- The inflation rate is 15.5%
- Nearly half of Haitian children under five are malnourished; 28% of those children die of malnourishment
- More than 20% of children between ages 6 and 9

don't attend school

- Only 15% of Haitian teachers meet the academic requirements to teach.

And now this disaster.

I have traveled extensively throughout the Caribbean, and I represented the Government of Canada, leading an all-party observer team for Haiti's 2006 parliamentary election. I followed this by writing an extensive report on my observations of the island, its economic development and its geopolitical landscape domestically and regionally. It has long been known that for Haiti to lift itself out of its cycle of poverty, corruption and dependency, real change was necessary, but there seemed to be a lack of political will to upset the status quo. I believe that the international community, led by Canada, may have an opportunity to finally allow Haitians to re-build their society, to make it a country where the people have hope of self sufficiency and not the despair of dependency.

One of the major tasks will be the rebuilding of the capital, Port-au-Prince. When the bulldozers have cleared the rubble from the earthquake, the city will essentially have to be rebuilt from the ground up. It is an opportunity for city planning and development of proper infrastructure, roads, sewers, bridges and proper housing to replace the ramshackle homes that were to be found before the earthquake. The loss of the opulent presidential palace, an extravagance in a land of desperate poverty and despair, might just usher in a new era of hope, as buildings are re-built appropriately. The earthquake destroyed the prison, another landmark of dubious significance. I visited this prison and saw firsthand the unbelievably primitive facilities and the horrendous overcrowded conditions of thousands of prisoners – some there for several years waiting for their first day in court. The rebuilding of the bricks and mortar must be accompanied by the rebuilding of the judiciary.

Jacmel, the jewel of foreign aid programs, the hometown of Canadian Governor General Michaëlle Jean, was flattened as well by the earthquake. In 2006 I visited Jacmel and talked with the Mayor and other citizens. The whole town exuded a confidence and hope for the future. The townspeople showed pride in their progress their freshly painted homes and town buildings gleaming in the Caribbean sun. What a tragedy to have yet another blow strike this town of hope. We must help Jacmel to be rebuilt once again.

Canada could contribute further by training Haitian teachers, funding Canadian educational institutions to do so, and help build proper schools. In the 1980s, an estimated two per cent of Haitians controlled 44 per cent of the wealth. These conditions – extreme poverty, illiteracy and wealth being controlled by very few – are conditions that make Haiti a →

country that is ripe for the exploitation of labour. Education is one of the best methods to combat exploitation.

Agriculture is another important area to which Canada can contribute. Part of Haiti's renewal will be the assurance of self-sustainability of food production. Deforestation, due to large-scale cutting of trees for firewood or making charcoal, has denuded mountains, created rapid runoff of tropical rain, which has stripped top soil, created disastrous flooding and filled in electricity generating dams. Traditional crops, previously exported in quantity, have shrunk measurably. In some areas, food assistance programs that were introduced for hurricane and flood victims years ago had been retained because of low food production levels. Canadian agricultural and reforestation experts could help re-establish a thriving agricultural community. No country has true independence if it cannot feed its citizens.

Canadian assistance must not forget business development. A Canadian clothing manufacturer, Gildan, had one of its three Haitian plants badly damaged. Haitians need family-sustaining jobs. Gildan employed 5,000 workers at family-sustaining wages. While infrastructure is important, family-sustaining jobs are vital for future independence from foreign aid. Haitians don't want dependence and funding, they need family sustaining jobs.

Given Canada's historic close ties with Haiti, it makes sense that our nation would be asked to lead worldwide efforts to rebuild Haiti, its economy, infrastructure and its social structure - which has been devastated by the effects of the January 12 earthquake.

I believe that Haiti's positive future will be determined by several factors: stable and effective government, a nation confident in its security and judiciary as well as a nation

with economic growth opportunity. Haiti is a country with so much potential, but with little historically of the national stability necessary to achieve it. Perhaps that is why the world community, as it assists in rebuilding the ruined buildings and roads, should also assist this island nation in building democratic conditions and fairness that many nations in the world have taken for granted.

This time around we are starting essentially from scratch. The best thing Canada can do is assist the Haitian people to rebuild, to "make it right."

In my view, it is also time for some fresh thinking with respect to the future of Canadian political, economic and humanitarian relationships with the Caribbean, such as that of establishing a permanent platform in the Caribbean to address Canadian-Caribbean interests. I favour consideration of the **Turks and Caicos Islands**, given its relative political stability, strategic location at the doorway to the Caribbean and the long-standing interest on the part of residents of these islands for a more formal relationship with Canada. All Caribbean nations could also benefit, directly or indirectly, through such a Canadian platform of participation in the Caribbean.

Peter Goldring, M.P., Edmonton East

Government News:

Canada leads international efforts to rebuild Haiti at Montreal conference

JAN. 25 2010, MONTREAL – Prime Minister Stephen Harper today rallied the international community to a strategic and coordinated effort to rebuild Haiti. The Prime Minister's call came during an address to delegates of the Ministerial Preparatory Conference on Haiti...

More at www.petergoldring.ca ♣

WHO plans to give Haitians controversial vaccines

26 January 2010: The million people in Haiti made homeless by an earthquake... could be among the first to receive controversial vaccinations under a campaign organised by the World Health Organization (WHO). According to a document published by WHO called "Public health risk assessment and interventions: Earthquake: Haiti", the UN health agency is strongly recommending that people in Haiti receive vaccinations against tetanus, measles, diphtheria, polio and pertussis in spite of the controversy surrounding these vaccines. Jagoda Savic this week filed charges at a state prosecutor's office in Bosnia Herzegovina against WHO presenting evidence that WHO had helped conceal the damage caused by a CSL vaccine for diphtheria, tetanus and pertussis distributed for free by UNICEF...

The WHO document also states that the swine flu poses a risk to the people of Haiti, suggesting the people of Haiti will be given the untested and toxic swine flu jab.

Read article, with link to WHO publication:

<http://tinyurl.com/y9wcaje>

[From R.K. Moore] ♣

Haitian realities contrast with stereotypes

Jean Saint-Vil: Canada should own up to hosting 2003 summit to plot Aristide's overthrow. Saint-Vil says Canada is in league with the USA and France in exploiting Haiti for its own purposes. "There's a Canadian company called Eurasian Mines that has concessions on ten percent of the Haitian territory, digging gold."

Canada, he says, was forced, under the Jean Chrétien government, to cooperate with the Americans on Haiti. He quotes former Canadian foreign minister Bill Graham as saying, "There is a limit to how much we can constantly say No to the political masters in Washington.... Eventually we came onside on Haiti, so we got another arrow in our quiver."

Full article online at www.straightgoods.ca (with video interviews) – Direct link:

<http://tinyurl.com/yhzdnaf> ♣

Disaster capitalism headed to Haiti

By Stephen Lendman, Countercurrents.org

18 January, 2010: In her book, "The Shock Doctrine: The Rise of Disaster Capitalism," Naomi Klein explores the myth of free market democracy, explaining how neoliberalism dominates the world, with America its main exponent exploiting security threats, terror attacks, economic meltdowns, competing ideologies, tectonic political or economic shifts, and natural disasters to impose its will everywhere. As a result, wars are waged, social services cut, public ones privatized, and freedom sacrificed when people are too distracted, cowed or in duress to object. Disaster capitalism is triumphant everywhere from post-Soviet Russia to post-apartheid South Africa, occupied Iraq and Afghanistan, Honduras before and after the US-instigated coup, post-tsunami Sri Lanka and Aceh, Indonesia, New Orleans post-Katrina, and now heading to Haiti full-throttle after its greatest ever catastrophe. The same scheme always repeats, exploiting people for profits, the prevailing neoliberal idea that "there is no alternative" so grab all you can. [...]

Read in full online:

www.countercurrents.org/lendman180110.htm ♣

QUOTE...

"A society run by the powerful, oblivious to the weak, free of accountability, enjoying a cozy relationship with government, thriving on crony [monopoly] capitalism," -- Bill Moyers, quoting Al Meyeroff, who led a class-action suit in behalf of exploited workers on the Marianas Islands. ♣

Washington's militarized takeover of Haiti

By Stephen Lendman, Countercurrents

After its worst catastrophe in nearly 170 years, millions in the country need everything, not Marines - food, water, medical care, shelter, and deep compassion at their greatest time of need. Instead, the country is occupied, militarized, denied aid, and taken over for greater exploitation. General Ken Keen, in charge of forces, says US troops will "be here as long as needed," signalling an open-ended commitment for years... **ONLINE:**

www.countercurrents.org/lendman250110.htm ♣

Why Haiti has never been allowed to prosper

By Sean Fenley, Countercurrents

The abominable Ronald Reagan had to kill a socialist country like Nicaragua, because you cannot give any hope to such countries as Haiti and Nicaragua. If you give these nations and peoples 'dignified poverty' as Aristide has called for in Haiti, others like them will get the same idea!... **READ ONLINE:**

www.countercurrents.org/fenley210110.htm ♣

THE ASCENDANCY OF PLUTOCRACY

The United States of Corporate America: From Democracy to Plutocracy

Rodrigue Tremblay, Montreal

"The price of apathy towards public affairs is to be ruled by evil men."

- Plato, ancient Greek philosopher

"The 20th century has been characterized by three developments of great political importance: The growth of democracy, the growth of corporate power, and the growth of corporate propaganda as a means of protecting corporate power against democracy."

- Alex Carey, Australian social scientist

"The most effective way to restrict democracy is to transfer decision-making from the public arena to unaccountable institutions: kings and princes, priestly castes, military juntas, party dictatorships, or modern corporations."

- Noam Chomsky, M.I.T. emeritus

Professor of Linguistics

On Tuesday, January 19 (2010), the Obama administration got a kick in the pants from the Massachusetts voters when they filled former Senator Ted Kennedy's seat by electing a conservative Republican candidate. The essence of their message was: stop dithering and start governing; stop trying to satisfy the bankers and please the editors of Rupert Murdoch's Wall Street Journal, and start caring for the ordinary people. Two days later, President Barack Obama seemed to have understood the people's message when he

announced a "Volcker rule" that will forbid large banks from owning hedge funds that make money by placing large bets against their own clients, using information that these same clients gave them. It was time. Such a policy should have been announced months ago, if not years ago. On the same day, however, a non-elected body, the U.S. Supreme Court, threw a different challenge to the Obama administration. Indeed, on Thursday January 21 (2010), a Republican-appointed majority on the U.S. Supreme Court took it upon itself to profoundly change the U.S. Constitution and American democracy. Indeed, in what can be labeled a most reactionary decision, the Roberts U.S. Supreme Court, ruled that legal entities, such as corporations and labor unions, have the same purely personal rights to free speech as living individuals. [...] This is clearly revolutionary or, more precisely, counter-revolutionary.

Read online with links:

www.TheNewAmericanEmpire.com/tremblay=1121

Rodrigue Tremblay is professor emeritus of economics at the University of Montreal and can be reached at rodrigue.tremblay@yahoo.com. He is the author of the coming book "The Code for Global Ethics" at:

www.TheCodeForGlobalEthics.com/ ♣

International Holocaust Remembrance Day

Stephanie McDowall, Nanaimo

The article (link below) is a politically incorrect article I suppose and disturbing as well. Still this article raises some good questions. 5.4 million people died in the Congo as of 2006, not to mention the deliberate UN genocide of 800,000 Rwandans and countless others around the world.

Often brought about by wars where the West funds one side or both sides so people will kill themselves off. We want their resources you see and we have governments who believe western corporations are entitled to them.

This does not even touch upon what North America did to the populations of Indigenous people. This too was genocide and it was official policy in both the U.S. and Canada for long enough to decimate the original people. What do we call the lack of clean water, proper sewage systems, lack of health care and decent housing on Canada's Northern Reserves? Indirect genocide? Interesting that we do not have one politician who will call what is presently going on in Canada what it actually is.

How many other Holocausts have occurred and why are they not remembered?

[EXTRACT] USA, Jan. 28, 2010 (Pal Telegraph) - TODAY IS UN International Holocaust Remembrance Day, but why do we only remember this one event, when so many other holocausts have taken place? Think Armenia, Rwanda, the Congo, Cambodia, Sudan, Iraq, etc. Why such a high-profile focus on this one holocaust, while the many other holocausts never get a mention? ...

Read article online: <http://tinyurl.com/ydxf4p7> ♣

The Most Dangerous Man in America
Unjustifiable Homicide

The Most Dangerous Man in America (Trailer HQ 2010)
★★★★

THE MOST DANGEROUS MAN IN AMERICA
Daniel Ellsberg and the Pentagon Papers

YouTube

The Most Dangerous Man in America (Trailer HQ 2010)
★★★★

Watch the trailer of The Most Dangerous Man in America:
www.brasschecktv.com/page/794.html

THE NEW PENTAGON PAPERS:
Read Allen Roland's article on The New Pentagon Papers / The Eikenberry
Cables at: <http://tinyurl.com/yz9mxal> ♣

“The Fifth Columnist”

Copenhagen! The Musical



Michael Neilly, Dunrobin ON

How many climate change activists does it take to change a light bulb?

What! You're using a light bulb??

During the 2009 Climate Conference in Copenhagen, “climate change activists” rioted in the streets. They were upset about the intransigence of some

countries and politicians with respect to setting greenhouse gas emissions targets.

You should forgive these folks because they have been lied to. **It's the Big Lie**, really. Political theatre for the masses and misdirection by our puppet masters on a global scale. I don't doubt for a minute the climate is changing -- it has for millennia. But to demonize carbon dioxide, to mindlessly set up a scheme to trade phoney emission credits (!), and ignore modern civilization itself, the giant paving machine, the one that takes 12 acres of land for every human in North America and excretes millions of tons of toxic waste into our air, water and earth, well, this is folly.

When I was a lad, I was given a Wileco toy steam engine. It was made in Germany. You stoked the boiler with a piece of solid fuel, and as the steam built up in the boiler, it would drive the wheel at a furious pace. There was a safety valve at the top so the boiler wouldn't explode, but you

never let it get that far because the thing would start thrashing about, spitting water, spraying steam and jittering across the table. At this point, you manually released the pressure and the engine would stop. Frankly I was a little scared of it. But at least with my little steam engine, there was one person responsible for its operation, and he was a chicken!

Continuing with this analogy, consider our civilization as a giant, steam-powered paving machine. For every North American person born, this thing knocks down 12 acres of trees, and cultivates or paves the land. This machine requires fuel, just like my little steam engine, and the fuel is credit, investment, people, air, water, timber, minerals and land. But instead of just one operator, there are billions of us who either operate the engine directly, or have an interest in its continued operation.

Here is the contract that most of us have signed: Give us easy credit, a “reasonable” rate of return on our investments, high tech gadgets, strawberries in February, advancements in medicine, a bit of culture, and in return we'll let you consume all the earth's resources and poison the air, water and earth with this massive engine. It's the deal we have made with our institutions, but refuse to acknowledge. We rail against the evil corporations, governments, banks and governments denuding the planet, but paradoxically allow investment in them so they can expand ad infinitum.

Remarkably, we all know that the world's resources are finite. There is only so much land to pave and pollute after all. The water and air can only absorb so much waste. So I ask any environmentalist, what good is a 40% reduction in carbon dioxide emissions in 20 years, for example, if the world's population doubles?

There's a great quote attributed to Nikita Khrushchev, once premier of the Soviet Union, and although I can't validate it, I offer its sentiment now: "We will sell you the rope to hang yourself with." What it means I think is that humanity can't help but kill itself with its own excesses.

You might recall, a few years back, a prestigious mutual fund company (was it AIM Trimark Investments?) that had a commercial in which North American investors were considering investing in a Finnish snow tire manufacturer. Now the "short-sighted" investors say something condescending like, "We can't possibly invest in a market of only five million people", and they depart. The remaining, smart investor turns to the Finn, and asks, "Is that Russia over there?" "Yes, it is," is the sturdy Finn's reply. To which our savvy guy marvels, "That's a market of 200 million people!"

This was the rope. Well-to-do Canadians were allowed to invest in manufacturing companies all over the world. Their reward was a generous annual return on their investments. But, BUT, the outcome of this marvellous arrangement is that while factories on foreign shores boom, ours are shut down and mothballed. The name of the game is growth, to exploit and develop every square inch of this planet.

I think those protesters in Copenhagen are right to ask where are we going. It's just that their protests have been misdirected. We as human beings will have to re-examine the awful contract that we have made with our institutions, and ask if this contract still serves OUR needs. Comfort, entertainment and wealth are ours if we but look the other way.

Efficiency, deregulation, harmonization, free trade, all of these things are intended to optimize the paving capacity of the steam engine called civilization; fed by unquestioned growth, it consumes all in its path. Each year it gets faster and more voracious. If any of us tried to "release the pressure", to deny this contraption its fuel, I wonder how long it would be before we were beaten back by nervous investors. We are an absolutely scary species.

Climate change, wars, left wing or right wing, boom or bust, this is all political theatre. The contract with our institutions is the thing. In exchange for our creature comforts, we have sold our souls and anything of real value - land, water and air - to our institutions. This contract pervades our culture so completely that it is all but invisible. Even so, it is here that the real battle must begin. Is earth to be just a market place, a giant, stinking bazaar? Is this mankind's legacy? Is this the best we can be? Maybe it's time we threw the money changers out of the temple.

- Mike Neilly, Dunrobin ON

dialogue always welcome, contact me at:
fifth_columnist@magma.ca ♣

Unmasking Global Frauds

European Parliament to Investigate WHO and "Pandemic" Scandal

By F. William Engdahl, Global Research

DEC. 31 09: The Council of Europe member states will launch an inquiry in January 2010 on the influence of the pharmaceutical companies on the global swine flu campaign, focusing especially on extent of the pharma's industry's influence on WHO. The Health Committee of the EU Parliament has unanimously passed a resolution calling for the inquiry. The step is a long-overdue move to public transparency of a "Golden Triangle" of drug corruption between WHO, the pharma industry and academic scientists that has permanently damaged the lives of millions and even caused death. The parliament motion was introduced by Dr. Wolfgang Wodarg, former SPD Member of the German Bundestag and now Chairman of the European Parliament Health Committee. Wodarg is a medical doctor and epidemiologist, a specialist in lung disease and environmental medicine, who considers the current "pandemic" Swine Flu campaign of the WHO to be "one of the greatest medicine scandals of the Century."^[1]

The text of the resolution just passed by a sufficient number

in the Council of Europe Parliament says among other things, "In order to promote their patented drugs and vaccines against flu, pharmaceutical companies influenced scientists and official agencies, responsible for public health standards to alarm governments worldwide and make them squander tight health resources for inefficient vaccine strategies and needlessly expose millions of healthy people to the risk of an unknown amount of side-effects of insufficiently tested vaccines. The "bird-flu"-campaign (2005/06) combined with the "swine-flu"-campaign seem to have caused a great deal of damage not only to some vaccinated patients and to public health-budgets, but to the credibility and accountability of important international health-agencies."^[2]

The Parliamentary inquiry will look into the issue of "falsified pandemic" that was declared by WHO in June 2009 on the advice of its group of academic experts, SAGE, many of whose members have been documented to have intense financial ties to the same pharmaceutical giants such as GlaxoSmithKline, Roche, Novartis, who benefit from the

production of drugs and untested H1N1 vaccines. They will investigate the influence of the pharma industry in creation of a worldwide campaign against the so-called H5N1 'Avian Flu' and H1N1 Swine Flu. The inquiry will be given "urgent" priority in the general assembly of the parliament. In his official statement to the Committee, Wodarg criticized the influence of the pharma industry on scientists and officials of WHO, stating that it has led to the situation where "unnecessarily millions of healthy people are exposed to the risk of poorly tested vaccines," and that, for a flu strain that is "vastly less harmful" than all previous flu epidemics.

Wodarg says the role of the WHO and its the pandemic emergency declaration in June needs to be the special focus of the European Parliamentary inquiry. For the first time, the WHO criteria for a pandemic was changed in April 2009 as the first Mexico cases were reported, to make not the actual risk of a disease but the number of cases of the disease basis to declare "Pandemic." By classifying the swine flu as pandemic, nations were compelled to implement pandemic plans and also the purchase swine flu vaccines. Because

Copenhagen and Canada...

Alan A. Macdonell, Williamstown ON

Global movers and shakers, in their various deployments aimed at installing a one-world dictatorship, have discovered a new threat with which to panic the unwary. It seems carbon dioxide in the atmosphere is increasing by leaps and bounds and will bring about the end of the world in short order if all these benevolent Copenhagen delegates are unsuccessful in imposing a worldwide carbon emissions tax immediately. These alarming predictions forced me to look for expert advice on the subject. The internet provided a company, Universal Industrial Gases Inc.- www.uigi.com/air.html - which was exactly what was needed. Atmospheric components and percentages of each were listed. Standard composition of dry air (by volume):

NITROGEN: 78.08 % / OXYGEN: 20.95% / ARGON: 0.93%.

Nitrogen, oxygen, and argon add up to 99.96% of the atmosphere. Remaining gases, including carbon dioxide only amount to four-tenths (or 0.4) of 1 % of the total (0.038 is carbon dioxide). I don't think the world is doomed just yet, from an excess of carbon dioxide. Emissions might even be doing more good than harm, in view of the fact that twenty five million humans worldwide starved to death last year, and CO2 has a beneficial effect on plant life.

Originally, the United Nations became the canary in the coalmine, stressing the alarming rise in carbon dioxide, but U.N. scientists, probably on orders from above, were caught falsifying data on the subject. The U.N. produced a sacrificial lamb to restore credibility, but found it didn't work too well. The CO2 threat was identified as a scam early on, to the chagrin of Wall Street and high finance, who had already reduced the European emissions cap and trade initiative to the

WHO is not subject to any parliamentary control, Wodarg argues it is necessary for governments to insist on accountability. The inquiry will also to look at the role of the two critical agencies in Germany issuing guidelines on the pandemic, the Paul-Ehrlich and the Robert-Koch Institute.

Bravo!

F. William Engdahl is author of Full Spectrum Dominance: Totalitarian Democracy in the New World Order. He may be contacted through his website, www.engdahl.oilgeopolitics.net **ARTICLE ONLINE [with footnotes and links]:**

www.globalresearch.ca/PrintArticle.php?articleId=16667

Received from: Bill Woollam [templelife@hotmail.com] ♣

BrasscheckTV videos on the climate change scam

How the climate change scam was hatched

How do myths like "climate change by carbon" come into being? Not by accident. In the case of the current global warming, the scam has been brewing for over 30 years.

www.brasschecktv.com/page/741.html & 774 & 751 ♣

status of a monopoly style board game and were setting up to win back the trillions lost from the derivatives fiasco.

There is nothing for Canada within the frameworks of either the United Nations or the Copenhagen climate change so-called imperative. What Canadians see is a pack of prune-faced eugenicists, Malthusian fundamentalists, inbred monarchists (both ex- and current), and feudalist throwbacks, planning to implement a despotic system of one world governance.

Sterilization/depoulation is being presented as the one and only remedy for planetary ailments, but any such policy would be stupid in Canada, who could easily double or even triple her population, and raise her standard of living while doing so. If global temperatures should permanently rise a few degrees, which I doubt, potential Canadian croplands would also increase. Canada has a far more positive future than our current crop of political toadies are willing to acknowledge. Said toadies will not be around forever. Treason will be punished.

Prime Minister Harper's unimpressive blurb towards the end of the Copenhagen Conference stressed Canada's subordinate role to the U.S.A. in making carbon emissions policy. The word harmonization was mentioned several times, and ended with an indication that the North American Union was now an established fact. The North American Union was a pipe dream floated by G. W. Bush and his Neo-con/fascist adherents. Anything initiated from this source can be guaranteed to be of no benefit to Canadians. In fact, anything initiated from this source can be guaranteed to be of little or no benefit to most Americans either.

Canada is a sovereign country, whose priorities do not include

NATO and the rest of the war-mongering International stumblebums. Sending trained military into an expanding war zone, 12000 miles away, cannot be classified as defence. The Middle East is not an area of peace and stability, what with Anglo-American ambitions being complemented by a

power-drunk Zionist element within Israel. Some idiots even see benefits accruing from instigating World War Three. Are Canadians included in this mix of warmongers? I think not!! - Alan A. Macdonell ♣

TWO CANADIAN ACTIVISTS RECOGNIZED FOR THEIR LIFETIME ACHIEVEMENTS “Building a Better World” doesn’t stop!

From Bill Abram, Duncan BC

I am 81 plus now but I cannot stop my activity so long as this money scam is allowed to keep people on the edge of poverty. Below is a news item I submitted to Dale Young (*South Island News*) in November. The American Monetary Institute presented Celia & me with a "life time achievement award" in September. **[See photo, story on P.59]**

The local Duncan paper also did an article, and as a result of that, on December 7, 2009, they presented us with the City of Duncan "A Scroll of Honor" award.

Thank you for all the work you do to help us build a better world. – Bill

A news item from the South Island News, Nov. 15, 09 Funding cuts to Education, Health Care & Community programs are illegal

Duncan resident, Bill Abram was a keynote speaker at the American Monetary Institute Conference in Chicago this past September. Abram spoke on The Canadian Experience and the creation, in 1934, of the Bank of Canada Act, which came into being to end to the crippling depression of the 1930s and to fund public projects and services.

The AMI Conference is a global event, where monetary researchers, economists, journalists, authors, and legal experts from around the world; gather, at the Chicago’s prestigious Roosevelt University, to discuss economic monetary policies.

Abram’s talk was well received, and has been written up in several US journals. Bill and his late wife, Celia, were presented at the AMI Conference with a "Lifetime Achievement Award" for their 15 year efforts to educate B.C. elected officials on the laws of the Bank of Canada Act, and it’s proper and legal use. Uninformed politicians allowed the Bank of Canada to move away from its original purpose in the mid-70s.

Canada, following the Bank of Canada Act of 1934, established monetary policies that ended the depression and pointed the way for the creation of a socially healthy, wealth-producing nation. The new American Monetary & Financial Security Act, drafted by the American Monetary Institute is currently being presented to the U.S. Congress by Congressman Dennis Kucinich. It mirrors the Bank of Canada Act of 1934.

From 1935 to 1945, Canada evolved from a country where half the work force was unemployed, to an advanced and

highly productive industrial nation. This was done in spite of the fact that half the work force was sent overseas to fight in the Second World War. Those who remained produced an abundance of real tangible wealth, without creating a National Debt.

How was that possible? The Canadian Government stopped borrowing "debt-money" from private lenders. Private money creation for government spending, was phased out from 1935 to 1945, and the newly created Bank of Canada provided the credit and currency for governments to properly fund the needed public projects and services. The 100,000 shares of the B of C were placed into the hands of the people of Canada, and held, in trust, under the supervision of the elected Finance Ministers. This meant that money borrowed from the Bank of Canada, if paid back, went straight back to the government of Canada. Thus no internal National Debt could be created.

The Canadian Constitution of 1867 gives the Government of Canada the "exclusive" right to create the nation’s money. Who else should have that right! The Bank of Canada Act of 1934, called for a Central Bank to create the national credit and currency to be spent into existence "for the well-being of the nation". And the Royal Canadian Mint legally printed that money. Shockingly, today, our money is no longer printed in Canada. It is printed by a company in Germany, called Giesecke & Devrient.

The National and Provincial Debt, today, stands at over \$800, billion dollars. To service that debt, taxpayers fork out \$160,000,000 every day; yes, every day to service a debt that should never have existed in the first place. Social programs are cut so that OUR Government can service those illegal debts. Ask your elected politicians, why?!! ♣

Eye Opener Films

Bill (Will) Abram, and his late wife Celia, members of the Cowichan Citizens Coalition, have been presenting educational Eye Opener Films, at the United Church in Duncan for the past 6 years. The film shown on Nov 19 & Jan 21, **OH CANADA – OUR BOUGHT AND SOLD OUT LAND**, graphically exposes the criminal element that exists in our present "debt-based" monetary system. The film is produced by Dan Matthews, a Future Canada Youth member. Dan’s youthful but honest, and well-research questioning makes this an exceptionally powerful must-see film. Politicians thought he was just another "dumb one of us" and

exposed themselves for what they really are - UNQUALIFIED. It is not a film likely to be seen on TV or shown in any theatre. It is a film that exposes the politicians interviewed as either totally unqualified, or complicit with high crime. More will come from this young Dan Matthews. For more information contact Bill Abram. Phone: 250 748-8992 or E-mail: wmabram@uniserve.com

**Bill Abram, Chair of the 'Duncan Initiative'
Cowichan Citizens Coalition.**

P.S. I will make copies for anyone willing to help expose the greatest public theft in Canadian history. **A must-see film for every person wishing to run for public office.**

Bill Abram [wmabram@uniserve.com] ♣

Mouseland, The Fat Cats and The Mice

(that's... Canada, Parliamentary Elites and the Electorate)

From: Jean H. Broeckx, Castlegar BC

The Story of Mouseland

As told by Tommy Douglas in 1944

[Included in the Feb.-Mar. print issue, you can read or listen to the story online here:

<http://www.saskndp.com/history/mouseland.php3>]

A NEW MOUSELAND

By Jean H. Broeckx

In 1944, Tommy Douglas said, "Now if you think it strange that mice should elect a government made up of cats, you just look at the history of Canada for last 90 years and maybe you'll see that they weren't any stupider than we are."

1944 was 66 years ago, so the 90 years (in Tommy's story) + 66 is 156 years. And not a damn thing has changed, we are still a bunch of mice electing fat cats to run our lives, and those fat cats still do that in such a way, that most of the benefits still go to the fat cats. But, the fat cats of today are even more crafty, self-righteous and dominant than the fat cats of Tommy's day. Being the mice we are, we really need government(s) that will show some compassion for us mice. That will not happen, so long as we have only got political parties that are owned and run by the fat cats...

We need a mouse party now – and we need it more than at any time in Canadian history. And don't get the notion, that this is an NDP promotional spiel, because the NDP is no better than the other choices on the ballot; they have become fat cats too.

You see! It's like this: for the 'mice' to benefit, there needs to be a party that honours the principles of real democracy, and NO political party in Canada can make that claim, not the Conservative, not the Liberal, not the NDP, and not any of the fringe parties. Simply because all possess the power of the Whip and use it.

The laws, which control the Canadian political system(s) were made and put in place by the fat cats long ago in another Mouseland far across the Atlantic. Those laws allow the fat cats to 'claim' to be doing things according to the principles of democracy, when actually they are doing the exact opposite. If you doubt that, consider the myriads of instances where the fat cats have stood and voted and rammed their party's agenda down the throats of an entire

nation of mice, who were against what the fat cats wanted. Call it what you want, there is no democracy it, no matter what you call it, it boils down to a fat cat dictatorship.

The fat cats use a very simple and effective tool, to absolutely castrate democratic destination in Mouseland. Its called "the whip system" wherein each fat cat political party has put in place a high profile fat cat and named this one "Party Whip". It is the duty (as undemocratic as it is) of this fat cat, to disallow the other fat cats, the freedom to cast a free vote. They must vote the way the party orders them to vote. The Whip is able to insure that not a single fat cat will ever be allowed to assist the mice who elected him. The Whip Cat's insider threats are his means of coercing all of his fellow Cats to rush like "lemmings" to vote as the group's chief Cat has directed. The whip system is a power grab, it is totally undemocratic and it is totally entrenched within the laws and traditions of Fat Cat Rule.

Tommy Douglas (The Greatest Canadian) totally understood the reality of the anti-democracy which legally operated and controlled the destiny of the people (mice) in the Dominion of Canada and (by his stand) he was not in agreement with it, far previous to 1944. The Co-operative Commonwealth Federation (CCF), by design, was definitely not a fat cat organisation, but rather a mouse assistance program. However, it was not designed to shut out the cats altogether; still it gave the mice a bit of a hand up, with the introduction of first class social medicine program and several other real benefits.

I'm not sure exactly how Tommy felt when the CCF name was changed to NDP; I wish I did. According to a study I did, the name change was in response to an amalgamation the party did with the Canadian Labour Congress; it may not be as simple as that though.

Lately (in the past 10 years) we have been witness to the grassroots Reform Party going through a couple name changes. These name changes were directly a response to the Reform being infiltrated and eventually taken-over by the survivor fat cats of the Progressive Conservative Party.

It's plain to see, that the NDP has what (to me) appears to resemble a less callus rendition of the fat cats, which have found their way into the party's upper circle, with the result, that the party willingly employs and imposes the

Whip; and so, it is not easy to distinguish the mouse quality from the cat quality. That being said, once again the mice are in need of loyal servants.

Trouble in Fat Kittyland (Some fairly high ranking fat cats turn against their traditions)

The name Kittyland used above is in keeping with Tommy's story, as we (the mice of Mouseland) are still electing Fat Cats to rule over us. The Fat Black Cats are in power, the Fat White Cats are sitting in opposition, and some Lean, off Coloured Cats sit there as well, but, somewhat in envy, they grudgingly wait for a turn to dominate Mouseland.

The Fat White Cats always support the Fat Black Cats whenever it seems the system is about to lose a vote in the house of Cats. This behaviour is historical, as there is record of this symbiotic relationship between the Black and the White Cats that goes back for 155 years now. When the Fat White Cats are on top, the Fat Black Cats rush to back up the White ones; insuring the win for the fattest Cats, and clearly, it keeps them in control.

That symbiotic attachment is based on the Whip system which has been around for as long as the Fat Cat tyranny has existed. And the Fat Black Cats, the Fat White Cats and all the other Cats, and every Cat group has benefited from it, but not the mice, or Mouseland.

The problem with this entrenched Fat Cat tradition is that the Fat Cats use it to force their rule upon a democratic Mouseland, not a totalitarian Kittyland. The reality of that (for the mice) is that their democracy does not and cannot produce democratic governance in Mouseland; instead, it produces Fat Cat tyranny. And Fat Cat tyranny produces much hardship and hard times for the mice as well as a needless over harvesting of Mouseland

resources, without adequate return.

But wait, what's this?... One Black Cat and two White Cats have broken the faith with their chief and whip, and have spoken out against the long held tradition, which has kept Fat Cat tyranny in place for the last 155 years. The most vocal and radical of the three was a Cat by the name of Keith Martin, who made several very true and long overdue statements about the Fat Cat tyranny, the tradition and all of the other Cats. According to a Mouseland news source, Fat Cat Martin said, "The House of Commons has become a warped, twisted and undemocratic place" where MPs act like mindless "lemmings" forced to do the bidding of their parties" - and of being in fear of the whip's threats - "You're left in an ethical conundrum. This is the toxic sickness of Parliament." *(see link at the end)

To my recollection, this is the most revealing evidence I have ever heard from a member of the Fat Cat order. It matters not, that two of the three critical Cats didn't show up to vote, or that the one Cat voted against his own principles. What matters is that there is no longer any room for doubt about whether the Fat Cats are totalitarian dictators or, as they attempt to convince the mice (us), democratic servants... By their own admission they are the former! Can you imagine the grin on Tommy's face, were he here today?... Thanks for the story of Mouseland, Tommy, it so fits the situation.

- Mr. Jean H. Broeckx [fair4all@shaw.ca]

* In a startling interview with columnist Michael Smyth, in The Province, Dec. 11 09, where he also said, "'MPs are forced to do the bidding of the party over the bidding of the people. It breaks my heart."

Read online at The Province: <http://tinyurl.com/ybourn14> ♣

Apathy Begone: Activating Minds and Voices

David Boese, St. Catharines ON

Happy new year everyone. I am happy to bring you greetings and to inform you, of the launch of my blog "**Apathy Begone: Activating Minds and Voices.**" The website address is: <http://boeseblog.wordpress.com/>

I invite you to take a look, with the hope that it will inspire you to activate your mind and give me your support / input, either positive or negative. I have to thank my wife Shirley and my editor/tech support Ashley Clayton – for without their contributions, this blog would not have been created.

Regards, David

Proposal for a new party...

Jan. 21, 10: It is my guess, that although many readers may agree with the issues addressed in the "New Age Monetary and Economic Model" [in Dialogue, Vol. 23, No.1, June 09] and many of the tenets in the platform of the "Egalitarian

Social Democratic" party (on my website), some are afraid or lack the courage to support (join) a new political party. For those who find themselves in this category, I would say that the road existing parties have taken us down – a road that ultimately leads to the near extinction of the human race – is what we should fear the most!

However, as time goes by, there will be more support for these ideas. My hope is that one day the word "egalitarian" will be widely supported and accepted as the means to positive change. To drive my point home, let's refer to Andrew Coyne's and Paul Wells' article in the latest Maclean's issue called, "Looking West". Paul states: "There is a higher degree of egalitarianism, but it's social and democratic – less tolerance of pretension, less deference to authority – rather than economic."

I'm a fan of Yogi Berra's sayings. I particularly like –

"If you come to a fork in the road – take it." I have come to this fork in the road and I am taking it with a plan under my arm, that will take us to a democratic, socially responsible and ecologically sustainable future. If this is your idea, for such a world, then you will find yourself taking this turn and lending your voice, for many to follow! If and when you are ready to make this commitment, please send a note to me at dash@vaxxine.com

In Canada, we only need 250 members to become a registered political party, which shouldn't be too hard to obtain. **Visit my website for more on the proposed new political party: EGALITARIAN SOCIAL DEMOCRATIC PARTY OF CANADA [The ESD Party]**

Also on my blog/website...

"We mustn't be silent" – by Gary Mason

Jan. 10, 2010: This is a voice we would like to hear more. Please check out Gary Mason's article, "With all our problems, we mustn't be silent", The Globe and Mail [EXTRACT]:

"It was the great American philosopher Lucille Ball who once said that politics should be the part-time profession of every citizen. She was right, of course. Every one of us should be concerned about what our political leaders are doing, the direction in which they are taking us, the plans they have to respond to the great challenges of our times. And yet, in Canada at least, we are more disengaged from the political process than perhaps at any other period in our history. Our timing couldn't be worse... Canadians, for whatever reason, have tuned out. Which is why the Conservative government knew it could prorogue Parliament ..."

You can read Gary Mason's article on my website (link, right) or at www.theglobeandmail.com (article1421475)

Thank you Mr. Cumes!

The sole purpose of posting this blog, is to invite all our readers (if they haven't done so already) to read the comments of James Cumes, a former US Ambassador to Australia. His comments encapsulate the very essence of creating "**Apathy Begone: Activating Minds and Voices.**" Although the article is rather long, it's worth every word. This reminds me of someone who criticized one of Mozart's sonatas by saying, "well-written but a lot of notes". Mozart reply was: "Yes, but not one note too many."

The other thing that intrigues me, is the universality of debt and the negative and sometimes disastrous consequences derived there from. If you want to know what the future, under our present monetary policies hold for you, Mr. Cumes' comments hold the key. [Web/blog address: <http://boeseblog.wordpress.com/>]

Shameful sale of public assets

From: David Boese, St. Catharines ON

To: Premier McGuinty

dmcguinty.mpp.co@liberal.ola.org

I am writing to voice my displeasure at your recent announcements, regarding the sale and privatization of the LCBO, OLG and Ontario Hydro. Even a hint of selling off these publicly-owned assets is tantamount to gifting away, what rightfully belongs to the citizens of Ontario.

Haven't you learned from history the shameful act of our previous government, selling off the 407 and the problems it has created? If you follow through with this, you are bordering on the side of insanity.

I am certain that many Ontarians hope you come to your senses.

David Boese, dash@vaxxine.com ♣

Canada's Senate and A Senator's Campaign

Setting the Record straight on The Senate

An open letter to the Prime Minister of Canada



Jeremy Arney

From Jeremy Arney, Saanichton BC

There has been much talk of you wishing to take time off to give you a chance to get control of the Senate, and therefore add another "yes sir" body to your collection.

This is, of course, only one of the reasons you want to "reset" yet another dysfunctional parliament under your control.

Has it not yet occurred to you that maybe you are the reason for this dysfunction?

[QUOTE] "*Harper has long criticized Liberal senators for holding up his party's agenda, particularly on crime and Senate reform, and said he needs control in the Senate*" - Mia Rabson, Winnipeg Free Press, Jan 9th 2010

Well Mr Harper, this doesn't seem to be backed up by the

facts. During the 40th Government you have just prorogued so conveniently for yourself, these are the facts.

Of the Bills which were presented to the Senate:

29 were passed and therefore have received Royal Assent and are now law, 2 were in committee stage, 1 was in first reading. One and only one, Bill C-6, which was probably the most anti Canadian legislation attempted by any Prime Minister at any time in our history, was amended and sent back to the Commons for further reconsideration.

This information came from the Government of Canada website and was easy to obtain so maybe you should consider these numbers for yourself before you declare our Senate to be obstructionists.

[EMAIL: iamjema@gmail.com]

CAP candidate for Saanich -Gulf Island 2008 ♣

Canada Fisheries

BC Supreme Court suspension order stops fish farm expansion

Bringing reason & the law to bear on the Norwegian fish farm industry in B.C.

Alexandra Morton, BC [wildorca@island.net]

We Won Again

Jan. 26, 10: Today BC Supreme Court ruled in our favor once again. Justice Hinkson granted the federal government a suspension order until December 18, 2010 so that Fisheries and Oceans (DFO) can further prepare to assume control of regulating salmon farms. However, Justice Hinkson forbade any expansion of aquaculture during that period. Specifically, the province cannot issue any new fish farm licences and cannot expand the size of any tenure. He recognized the First Nation interest in this matter by granting the Musgamw-Tsawataineuk Tribal Council intervenor status, which is essential as this case is based in their territory.

On the matter pursued by Marine Harvest at the Court of Appeal and sent back to Justice Hinkson to reconsider [that is whether the fish in the farms are privately owned by the companies and whether the Farm Practices Protection Act (FPPA) is still in force], Hinkson confirmed that the FPPA, will no longer apply to finfish aquaculture and thus no longer protect farms from nuisance claims.

On the question, does Marine Harvest own the fish in their pens? Justice Hinkson found that this was not the place for this decision. Marine Harvest will have to bring this before the courts themselves. For now, we know that the aquacul-

ture fish are now part of the fisheries of Canada.

Today's decision is met by the unrelated announcement by US box store chain "Target" that they have eliminated all farmed salmon from its fresh, frozen, and smoked seafood offerings in its stores across the United States, because of farm salmon environmental impact on native salmon.

There is an enormous amount of work ahead to translate any of this into better survival of our wild salmon, but the courts seem consistently interested in bringing reason, the constitution and the law to bear on the Norwegian fish farm industry in British Columbia.

While I am truly sorry that jobs will be lost in ocean fish farming, bear in mind the industry is in deep trouble with mother nature herself in the fish farming strongholds of Chile and Norway.

Trying to hold this nomadic fish in pens is never going to work, because it causes epidemics, unnatural sea lice infestations and drug resistance. Salmon farming is not sustainable and ultimately we are better served by our wild fish.

Alexandra Morton (250-973-2306) ♣

Videos at: www.youtube.com/user/PureSalmon#p/f
For more information on the global issues with salmon farms: www.farmedsalmonexposed.org/ ♣

"Prévoyance"

Planned extortion of taxpayers...?

From Erik Andersen, Gabriola Island BC

To Rick Cluff, CBC



Erik Andersen

Your news item (Jan. 20, 10) about the possible insolvency of the Whistler owner/operator is just one more example of what I have so far unsuccessfully tried to have you and your team understand.

Our Provincial government has deliberately used contract law in

conjunction with its various Crown corporations to spend money or guarantee for credit purposes, various private interest-projects and transactions that would otherwise have trouble being accepted if brought into the Legislature.

Intrawest sold in 2006 after the Olympics was a done deal. The seller was very (very, very, very) fortunate to be able to offer the purchaser the guarantee of the Province and Vanoc. What a wonderful time to be a seller!!!

I think most thoughtful citizens will not take the sudden call on the guarantee for an amount of \$500 million as anything but a planned action and an extortion of taxpayers.

Our Government must have known of this risk in 2006 which makes it all the more despicable.

Some of us have been trying to awaken people to the same practice in respect to the IPPs (Independent Power Projects) in BC. Do you realize that according to the IPP Association information site, in April 06 the capital committed or planned was \$117 billion. That is a capital investment guaranteed by contracts with BC Hydro that is 39 times the current equity base of the Corporation.

I was disappointed when you had such a senior, former, civil servant on your program that you missed asking her about these financial conditions. President Obama anguished over a failure by intelligence community to connect the dots. I anguish over people in BC and the main stream media not connecting the financial dots. ♣

Four burning issues in BC

There are really four burning issues by my judgment. The first is the destruction of fish habitat and all the associated environmental damage. The second is the shameless insider dealing that is manifested by the public and BC Hydro folks

who have landed in senior jobs with the IPPs. The third is the very questionable economics associated with the types and locations of generation. Rafe has featured this a lot recently. Fourthly is the theft of the public's wealth by a few private interests.

This last one is the one I have given my attention to. In the simplest terms none of these IPP projects wouldn't attract dime one if they were not able to demonstrate to the financial sector that the present value of future earnings were at least 50% greater than the cost of building/commissioning. Private developers only use other peoples money so they have to pay large premiums to those doing the short-term financing. The likely rates on this type of construction financing would be close or more than 20%. Because the contracts are designed to give a very much larger present

value for future earnings upon commissioning there is a large recovery of this premium when the long-term debt is placed. Monetization of this premium is the goal for the developers.

The obscene penalty in store for the people of BC is the rates they will face after these new financings are blended in. That is why I am pressing for someone to say publicly that given the chance they will nationalize these new production assets and only pay the cost of construction with maybe a small premium. If that is done before the long-term financing shows up it will visit some sobering thoughts upon both the IPPs and the financial sector.

Erik Andersen ♣

Canadian EU Comprehensive Economic & Trade Agreement (CETA)

THE THREAT TO PUBLIC SERVICES IN CANADA Paul Manly, Nanaimo BC

I would like to thank you for your support and solidarity for the production, distribution and screening of my film 'You, Me and the SPP: Trading Democracy for Corporate Rule'. This was a whole new process of collaboration for me working with engaged activists and a supportive and interested audience... in one of the 37 communities on my cross Canada tour... your individual support was instrumental in helping me through this process. Thank You!

The SPP (Security and Prosperity Partnership) is officially dead in name (thank goodness, I'm sick of talking about it!) but unfortunately the parts of this agenda that have not already been implemented as part of the SPP are being pushed through in other forms. We face a number of challenges to our public infrastructure, community commons, civil liberties and democratic authority and I would like to thank the Council of Canadians and the Canadian Center for Policy Alternatives (among a number of organizations) for keeping me informed. **The Canadian European Union Comprehensive Economic and Trade Agreement** (CETA) currently under negotiation is a huge threat to public services in Canada and could open up all municipal and provincial procurement to private European service companies. For more information and actions visit <http://canadians.org/trade/issues/EU/index.html>

As much as I would like to pull the covers over my head and wish it all would go away, that is not an option and so I will continue working in my own little way towards the kind of world I want to live in and continue to resist the neo-liberal, neo-conservative vision of the future.

During my cross-Canada tour I met many inspiring individuals and learned about a number of local initiatives and actions to combat corporate globalization that I believe are worth documenting and sharing. I have been following some

local initiatives in my own community for several years which I also think are worth sharing and worth duplicating across Canada and around the world. With that in mind I am embarking on another project which highlights a number of ways that people in local communities can combat corporate globalization while living happy, healthy & productive lives. I will send you more information about my new projects in the future but for the moment I would like to acknowledge your past support and solidarity. Thank You! May the New Year and New Decade be a healthy, happy and productive time for you. I wish you all the best.

In solidarity, Paul Manly, Nanaimo BC [250 729-1254]
paul@manlymedia.com / www.youmespp.com ♣

NEWS FROM NEW BRUNSWICK: NB Power Sell Off

Ronald Bubar, Douglas NB

[EXTRACT] Finally an MP from the Maritime Provinces is voicing his concern about the sale of N.B. Power to Hydro Quebec. Due to his position, he is limited as to how much assistance he can offer the citizens of N.B. "owners of N.B. Power" and the many concerned citizens of Nova Scotia and Newfoundland-Labrador. The question is, what right does the Graham government have to sell off one of our major assets to Quebec whose politicians repeatedly remind Canadians that Quebec is a NATION unto itself. The only time they claim provincial status is on the day that Ottawa hands out the annual BILLIONS of dollars in equalization payments. Quebec is permitted to claim an unfair amount of equalization since not having to report the \$ billions to Ottawa generated from the James Bay power sold to the US. ... A country which discriminates against the majority of taxpayers is likely doomed to fail. ♣

Canada-Quebec Issues

CANADA'S NIGHTMARE. ITS 1969 OFFICIAL LANGUAGES ACT

By Jim S. Allan, Toronto ON

January 26, 2010: The total cost of Canada's Official Bilingualism under its 1969 Official Languages Act, to March 31, 2009, covering 40 years, is estimated by me, to be

\$1,169,000,000,000. That's Canadian dollars. That is either \$1,169 billion. Or \$1.169 trillion! If one can believe it! Three others: Scott Reid, MP; the Canadian Taxpayer Federation; and The Fraser Institute; have also estimated some of these costs. To the extent their work covers federal government costs only, their findings all exceed my estimate for those same federal government costs. Assuming all other factors to be equivalent, The Fraser Institute's equivalent could come out to be as much as 14 times higher than my total costs (federal, plus provincial, plus private sector)! 14 times my \$1,169,000,000,000 comes to \$16,366,000,000,000 or \$16,366 billion, or 16.366 trillion! Per our Canadian Census statistics in 1986, only 16.86% of Canadians were bilingual at that time (self assessed, English and French).

In 2006, 20 years later, only 17.44% of Canadians were bilingual (self assessed, English and French).

That is only a 0.58% improvement (only just over half of one percent) for an estimated cost by me (likely to be too low per other estimates above) of \$1,169 billion Canadian, over 20 years. Question: What have we, the Canadian people, got for my estimated \$1,169 billion (or \$1.169 trillion) and this divisive, inequitable 1969 official bilingualism policy that discriminates against the majority unilingual speaking Canadians, whether English-speaking or French-speaking, a majority of some 83%?

Or, to rephrase the question: Could not that money have been better spent on the, for many years, insufficiently funded: [...] **Furthermore:** If control of Canada, since 1982, under Section 20 (1) of the CANADIAN CHARTER OF RIGHTS AND FREEDOMS (so called) lies indirectly only with the 17% officially bilinguals, and the definition of DEMOCRACY requires government by the people, and, per above, in effect, 83% of the Canadian people are excluded in practice from the control of government of Canada, is Canada a democracy? ♣

Thoughts on immigrants...

Rob Brown, Ottawa

Harper is planning immigration from Haiti (see link below). Many people have expressed concern about a large number of French-speaking immigrants arriving in their community, and some kind of federal government plot to seed their community with Francophones. It is not that they have anything against Haitians, it is simply a matter of being "once bitten, twice shy". If governments had not spent the last 40 years trying to ram French down the throats of Canadians, then people would have no reason to feel this way.

But, I believe people can rest assured that most of the immigrants will be going to Quebec. This article explains more about it. [<http://tinyurl.com/ykw28dl>]

This makes perfect sense, since Quebec already has the huge army of French speaking bureaucrats necessary to process the refugee claims. There will be no need to hire French students from Cite Collegiale in Ottawa, as is being done for the Olympics. In fact, I bet the bureaucrats from Quebec will be jealously guarding their windfall in overtime hours against the Francophones from Ontario. Yes, there is a pecking order, even among Francophones. (Protectionism does not cease simply because we are helping people in need.)

Canadians Against Enforced Bilingualism (CAB)

PS - It is a shame that we have to discuss matters such as this in light of the Haitian tragedy. But, we cannot allow our compassion to blind us to the realities of politics in Canada. ♣

A step in the right direction

From Kim Lian, Language Fairness

I have said for a long time that the Conservative govt. is starting to realize that all the pandering to Quebec is getting them nowhere.

Headline: "Quebec loses lion's share of Canada Day funding" - by Mike De Souza, Canwest News Service

"January 21, 2010: Quebec will no longer receive a generous share of funding from a federal program promoting Canada Day festivities, Canadian Heritage Minister James Moore said Wednesday..."

Read the story online at:

<http://tinyurl.com/yk62srd>

From Canadians for Language Fairness Inc.
P.O. Box 40111, Bank & Hunt Club Postal Outlet
2515 Bank St., Ottawa, ON K1V 0W8 Tel. (613) 321-7333 Email: clf1@sympatico.ca
www.languagefairness.ca ♣

"Your Health Matters"

The Autonomic Nervous System and Asymmetry

Derrick Lonsdale, M.D., Strongsville OH



Many people do not realize that we possess two nervous systems. One is called the voluntary system and is used to control all the movements and functions that we do consciously and at will. The other is an automatic system that is used to control all the adaptive mechanisms that enable us to survive in a relatively

hostile environment. When we go into a hot room we sweat. That produces moisture on the skin and the evaporation produces cooling. We shiver when we are cold and that produces heat from muscular action. It is like a radiator in a Rolls Royce, responding automatically to outside temperature versus the heat produced by the engine.

This kind of reflex is organized by a balanced reaction of one arm of the system called the sympathetic and the other arm known as the parasympathetic. The sympathetic drives action and the best known is the fight-or-flight reflex that enables us to kill the enemy or run away. It requires a great deal of cellular energy and is designed for short-term use. When the action is complete and survival has been secured, the sympathetic arm is withdrawn and the parasympathetic arm takes over. It serves to produce the functions that we can do in safety after we have rolled a stone over the mouth of the cave in which we once lived. I like to call it the "Rest and be Thankful System". All of this automaticity is controlled mainly by the lower part of the brain with some "advice and consent" from the cortex that controls voluntary actions. As I have noted many times in the pages of Dialogue, this complex system is dependent on oxygen, used to produce cellular energy by the intricate biochemical mechanisms known as oxidative metabolism, essentially the equivalent of burning gasoline in a car engine. The nature of "stress" has changed since our cave man days. We no longer have to face wild animals or other naturally occurring stressors. We have to live in a complex world where the stress is related to what we are pleased to call civilization. It can be devastatingly chronic over long periods of time and exhausts cellular energy through the constantly engaged sympathetic activity.

Now I want to introduce something that I have not said before and that is the fact that the two halves of the brain control the body mechanisms asymmetrically. It is generally known, of course, that some people are more right brained and others left, governing some of our characteristic behaviors. It is not generally known that the autonomic nervous system has asymmetric duties, although Yogis have known this for centuries, even if they did not know that it related to this particular nervous system. They have used two meth-

ods to perform its stimulation. One is by the ancient technique of unilateral forced nasal breathing and the other is by pressure on the chest wall near the axilla. What this really means is that the system is governed by sensory input that reflexes automatic output signaling to the body.

Many years ago I had the experience of seeing a 14-year old girl whose mother complained of her devastating temper tantrums. In addition, it was noted that during one of these tantrums her body would become pink on one side and remain white on the other. One pupil would dilate and not the other. We were able to cause sweating on one side and not the other and, most curious of all, the blood pressures in each arm were widely different when measured simultaneously. The electroencephalogram (brain wave test) showed differences on one side of the brain versus the other. We tested her in the hospital and were able to draw a graph of the blood pressure changes.

The significance was that she was consuming a dissolute, "junk" filled diet and huge amounts of soda pop. We were able to get her to take a proper diet and leave the "junk" alone through her mother's understanding, and by prescribing vitamin supplements that included thiamine. The temper tantrums ceased and we tested her again a year later. The gross asymmetry of blood pressure readings had disappeared. I called it Asymmetric Functional Dysautonomia and published her case in a book entitled "[A Nutritionist's Guide to the Clinical Use of Vitamin B1](#)". The book is now out of print, but is available on line by visiting the "Soil and Health Library" and going to the Alternative Medicine section. Should anyone reading this be interested. It has been renamed with the title of "[A New Model for Medicine](#)".

Over the years I have seen hundreds of children who have many of the symptoms of this 14-year old girl, including devastating temper tantrums, sometimes with violence such as kicking the wall or a door, sometimes the family cat or dog. One boy reflexed so much from an otherwise mild reproof that he dove through a plate glass window, cutting himself badly in the process. This is so repetitive in my hard won experience that I have concluded that dietary mayhem is probably responsive for the epidemic of school shootings. A grievance, produced in ordinary life by a teacher or fellow students, bursts perhaps into uncontrolled "cave man" violence. Emotions are not really thought processes. They are reflexes produced by stimulating action in the part of the brain known as the limbic system. I have never seen nutritional notation in news items because nobody has any idea that this could happen. Perhaps some of the vandalism that is so inexplicable might have its roots in the same phenomenon since bad diet is almost the norm in today's Western cultures. Does vandalism have any explanation in our present culture?

Years ago an extremely violent rape/murder was carried out in Cleveland by a young man. In the police report it was mentioned that a lot of empty pop bottles were found in his car, suggesting his dissolute life style but without considering that this form of malnutrition might have a part to play in actually causing him to commit the crime. A "junk" diet has been considered as an important contribution to behavior by only a minority of health workers and physicians. Perhaps we have to replace "you are what you eat" by "you behave according to what you eat".

To end my story, I have found that the blood pressure in everyone is almost invariably different in the two arms when measured simultaneously, indicating that asymmetry is a normal phenomenon. It would not be too far fetched to suggest that if reflex activity of the autonomic control system is exaggerated, that an asymmetric blood pressure would also be exaggerated. In my adult patients with a history of a "junk" filled diet, it looks at this time as though their blood pressures are more exaggerated in their asymmetry. This is in an early stage of study, but it may be important to have an idea of what high calorie malnutrition is capable of doing to the brain, particularly the control

mechanisms of the autonomic nervous system. The ancient scourge of beriberi is the prototype of autonomic dysfunction in its early stages of development and the classic disease caused by high calorie carbohydrate malnutrition. An outbreak of this disease has recently been reported in Japan in a group of adolescents whose diet included a lot of soda pop beverages.

Recently it has been promulgated that vitamin D deficiency is the commonest of all vitamin deficiencies in the U.S. Whether this is true or not, it must be emphasized that no vitamin works in a vacuum. I could suggest the same for thiamine since it has such an important role in carbohydrate metabolism, but they all work in a complex team relationship that has a vast complexity that we still do not completely understand. Our present cavalier approach to nutrition is dangerous and stupid for we did not make the rules. Only God did that!

— **Derrick Lonsdale, M.D.**

Everything is connected to everything else.

Derrick Lonsdale is a Fellow of the American College of Nutrition and a Certified Nutrition Specialist. www.prevmed.com ♣

QUOTES...

Quotes for today's world...

Suggested by Alex James, to help shed light on world events.

[Please visit <http://tinyurl.com/33c9yr> for headlines that are usually censored by the major media. - **Alex**]

"We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men [and women] are afraid of the light." -- **Plato**

"All truth passes through three stages. First, it is ridiculed; second, it is violently opposed; and third, it is accepted as self-evident."

-- **Arthur Schopenhauer**

"If you are neutral in situations of injustice, you have chosen the side of the oppressor." -- **Desmond Tutu**

"The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing" -- **Albert Einstein**

"If 50 million people believe a foolish thing, it is still a foolish thing." -- **Anatole France**

"Each man must for himself alone decide what is right and what is wrong, which course is patriotic and which isn't. You cannot shirk this and be a man." -- **Mark Twain**

"At a time of universal deceit," wrote **George Orwell**, "telling the truth is a revolutionary act."

"...For those who guide this people are [actually] leading them astray; And those who are guided by them are [actually] brought to confusion . . . and by their smooth flattering speech they deceive the hearts of the un-suspecting." -- **(Isaiah 9:16; Romans 16:18)**

"Good people do not need laws to tell them to act responsibly, while bad people will find a way around the law [to enslave the good people] -- **Plato**

"Most ignorance is vincible ignorance. We don't know because we don't want to know." -- **Aldous Huxley**

From Alex James [alexjamesnews2@gmail.com] ♣

MORE QUOTES...

From Croft Woodruff PhD (Honoris Causa) [EXTRACT]
MEMBRE HONORAIRE COLLÈGE DES NATUROPATHES DU QUÉBEC

"It should be obvious that action without wisdom, without clear awareness of the world as it really is, can never improve anything." ~ **Theodore Roszak**

"Woe to the man who tries to remain objective and to maintain a wide perspective: every one will label him as an enemy." ~ **Paul Tournier**

"If the people let government decide what foods they eat and what medicines they take, their bodies will soon be in as sorry a state as are the souls of those who live under tyranny." ~ **Thomas Jefferson**-- ♣

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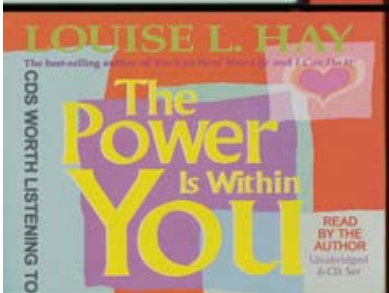
Story on P.55

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